



Singapore Swimming Association February Swim Series 2021

19th February to 21st February 2021

OCBC Aquatic Centre

1.0 General Information

Technical Meeting for Team Leaders

Thursday, 18th February 2021

Entries Deadline:

1st round: Thursday, 4 February 2021,
6.00pm

2nd Round: Monday, 8th February 2021,
6.00pm

3rd Round: Thursday, 11th February 2021,
12 noon

Competition

SSA February Swim Series 2021

Venue

OCBC Aquatic Centre, Singapore

Competition Schedule

Session	Date	Day	Competition Time
1	19 th February 2021	Friday	Please refer to pages a - d for the scheduled entry and exit times for each wave
2	20 th February 2021	Saturday	
3	21 st February 2021	Sunday	

- 1.1 The Championships shall be conducted under the Rules and By-laws of FINA as prescribed in the Handbook of FINA (2017 – 2021). One-start rule applies. The list of approved swimsuits can be viewed at <http://fina.org/content/fina-approved-swimwear>
- 1.2 The Championships are open only to Swimmers who are existing members of SSA Affiliates (henceforth known as Affiliates).
- 1.3 All entries must be submitted through SSA Affiliates. Entries submitted individually will not be accepted.
- 1.4 All entries for this meet are **by invitation only**.

2.0 Competition Information

2.1 Events listed below will be for both Male and Female swimmers:

- a. Freestyle: 100m, 200m, 1500m
- b. Backstroke: 100m, 200m
- c. Breaststroke: 50m
- d. Butterfly: 50m
- e. Individual Medley: 400m

19 th February (Day 1)	20 rd February (Day 2)	21 st February (Day 3)
1500m Freestyle (Women)	50m Butterfly (Women)	50m Breaststroke (Men)
1500 Freestyle (Men)	200m Backstroke (Women)	100m Backstroke (Men)
	100 Freestyle (Women)	200 Freestyle (Men)
	400m Individual Medley (Women)	50 Breaststroke (Women)
	400m Individual Medley (Men)	100m Backstroke (Women)
	50m Butterfly (Men)	200 Freestyle (Women)
	200m Backstroke (Men)	
	100m Freestyle (Men)	

*50m – 200m Events

32 slots per event are pre-allocated to swimmers who will be notified of the invitation to compete through their clubs.

**400m Individual Medley & 1500m Freestyle

**24 slots per event are pre-allocated to swimmers who will be notified of the invitation to compete through their clubs.

All events will be timed finals and competitors shall be placed in graduated time order, from the *slowest to fastest*, except for 1500m which will be run *fastest to slowest*.

- 2.2 Technical Officials – All Technical Officials shall be appointed by the SSA Technical Swimming Committee.
- 2.3 The SSA February Swim Series 2021 Management Committee reserves the right to the final decision on all matters pertaining to the Championships.
- 2.4 Format of Competition – The Championships are run in the FINA Long-Course Metres (LCM) format.
- 2.5 **Schedule per day**
Please refer to pages a-c at the end of the information pack.

3.0 Entry Regulations

- 3.1.1 **Swimmers Registration Fee (*For local and international swimmers*)**
2021 Annual Registration Fee is S\$30.00 (inclusive of 7% GST) per swimmer.
If the swimmer has been charged before on any date from January 2021, they will not be charged again.
- 3.1.2 **Entry Fee (*Applicable to Singaporean and international swimmers*)**
a. Individual Event - S\$10.00 (inclusive of 7% GST) per event
- 3.2 **Entry Withdrawals**
Withdrawals of entered events can be done at no charge only at the Team Leaders Meeting on the hardcopy forms but entries fees will not be refunded.
- 3.3 All entries for this meet are **by invitation only.**
Swimmers will be invited based on their times clocked from 1 June 2019 onwards.

4.0 DNS/Withdrawals/Post Event Fees

4.1 **Withdrawals Before Competition**

An administrative fee of S\$30.00 shall be imposed on each withdrawal from entered event **after the release of the start list till 60 mins before the start** of the competition.

4.2 **Withdrawals Made 60 mins Before the Start of Each Session**

Withdrawals made without submission of the withdrawal form to the Control Room Supervisor **within sixty (60) minutes of the start of each session** shall be deemed as **Did Not Show or Did Not Start (DNS)**.

A penalty of S\$100.00 shall be imposed on all DNS.

4.3 **Did Not Show/Did Not Swim (DNS)**

Swimmers who do not show up for their event/do not submit a withdrawal form will be imposed with the penalty of \$100.00.

4.4 **Post Event Fee Waivers**

The administrative fee and penalties (Did Not Swim/Withdrawals) will be waived if the swimmer produces a valid medical certificate for the relevant day of the race. However, the swimmer will not be permitted to participate in any further races for the day.

5.0 Accreditation Passes

Starting from 1 July 2018, coaches who wish to apply for an accreditation pass to be on deck during national competitions must be an NROC Member.

Clubs / Schools are required to fill up the accreditation form with the details of the accredited personnel.

The pool deck at all Singapore Swimming Association national competitions are strictly reserved for registered athletes, coaches, essential support staff, event staff or other persons approved by Singapore Swimming Association.

All accreditation cards remain the property of Singapore Swimming, are **NON-TRANSFERABLE**, and can be withdrawn or refused at Singapore Swimming's sole discretion.

Please note that applying for an accreditation under false pretences would be a violation of accreditation procedures. In order to ensure a safe and inclusive training and competition environment, we would ask that rules and regulations surrounding accreditation be respected. Anyone found to be in violation of this will have their accreditation removed and will be asked to leave the venue immediately.

5.1 Lost/Misplaced Accreditation Passes

Replacement passes for misplaced/lost accreditation passes are available for the following costs:

Replacement Cost for Misplaced or Lost Accreditation Passes	
Coach/Team Manager	SGD \$100
Swimmer	SGD \$30

6.0 Control Room Guidelines

6.1 Infraction Enquiry or Clarification

- 6.1.1 Request for the details of Infraction committed by the swimmer or swimmers shall be made to the Swimming Competition Meet Director by the Team Leader. No proxies will be entertained.
- 6.1.2 In the absence of Meet Director, the infraction enquiry shall be directed only to the Deputy Meet Director or Control Room Supervisor.
- 6.1.3 Enquiry of infraction shall be made within the same day of competition.
- 6.1.4 The Team Leader / Coach shall provide Swimmer Details i.e., Event Number, Heat Number, Swimmer's Name, Affiliate Name and Lane assigned.
- 6.1.5 ONLY the Team Leader / Coach shall be allowed access to Swimming Competition Control Room to retrieve final result print-outs, submission of necessary paperwork and Infraction Enquiry. No proxies shall be allowed.

6.2 Protests

- 6.2.1 Protests are possible:
 - a. If the rules and regulations for the conduct of the competition are not observed,
 - b. If other conditions endanger the competitions and/or competitors, or against decisions of the referee; however, no protest shall be allowed against decisions of fact.
- 6.2.2 All protests shall be considered by the Meet Referee. However, protests against decisions of fact will not be allowed.
- 6.2.3 If conditions causing a potential protest are noted prior to the competition, a protest must be lodged before the signal to start the race is given.
- 6.2.4 Protests must be submitted in accordance with the following:
 - a. In writing, with the supporting facts.
 - b. With a deposit of S\$100.00 enclosed.
 - c. Submitted to the Meet Referee by Affiliate Team Leader / Coach. No proxies will be entertained.
 - d. Submitted within thirty (30) minutes following the conclusion of the respective event.
- 6.2.5 If the Meet Referee rejects the protest, he/she must state the reasons for his decision. The Team Leader / Coach may then appeal the rejection to the Jury of Appeal, whose decision shall be final.
- 6.2.6 If the protest is rejected, the deposit shall be forfeited to the SSA February Swim Series 2021 Management Committee. If the protest is upheld, the deposit shall be returned.

7.0 Competition Venue

7.1 Competition Venue Location:

<http://www.sportshub.com.sg/directions/Pages/getting-here.aspx>



8.0 Terms & Conditions

- 8.1 All Participants who have entered in the SSA February Swim Series 2021 are deemed to have given written permission to the Organizers for the Organizers to collect, analyse and collate any personal information relating to that Participant, as the Organizers may in their sole discretion deem fit, including without any limitation information for the Organizers' programme, planning, data-processing, statistical or risk-analysis, research, fund-raising and/ or, any other purposes in furtherance of the functions or powers of SSA.
- 8.2 Whilst reasonable precaution will be taken by the Organizers to ensure the Participants' safety, Participants take part in SSA February Swim Series 2021 at their own risk and the Organizers will not be responsible or held liable for any injury or death howsoever arising from training for or during participation in SSA February Swim Series 2021. Participants are strongly encouraged to consult their medical practitioner prior to registration and before the actual race day.
- 8.3 In the event of harsh weather conditions that could cancel the SSA February Swim Series 2021. SSA reserves the right not to refund entry fees or any other charges submitted by the teams and/ or individuals at SSA February Swim Series 2021.

9.0 Key Dates

Date & Time	Event	Remarks
<ul style="list-style-type: none"> • <i>1st round:</i> Thursday, 4 February 2021, 6.00pm • <i>2nd Round:</i> Monday, 8th February 2021, 6.00pm • <i>3rd Round:</i> Thursday, 11th February 2021, 12 noon 	Entries Deadline	Entries list by affiliates/teams will be sent for verification
17 th February 2021	Preliminary Entries List (Psych Sheet) will be sent out to all participating affiliates/teams	-
18 th February 2021	Team Leaders Meeting	-
19 th February 2021 – 21 st February 2021	SSA February Swim Series 2021	OCBC Aquatic Centre

Day 1 Schedule

Day 1 19 Feb 2021	Enter AQC	Stretch Area	Warm Up at TP	Movement from TP->CP	Race at CP	Warm Down & Leave AQC	Remarks
Est Timeline	0	0-30mins	30-85mins	85-90mins	90-105mins	105-135mins	Total: 2hrs 30mins
Minutes	0	30mins	60mins	15mins	15mins	30mins	
Event 101 • 1500 Free W	4.00pm	-	4.15pm- 5.45pm (Competition Pool)	5.45pm- 6.00pm (to clear comp pool)	6.00pm – 8.20mins	6.00pm – 8.30pm	Warm Down at Diving Pool
Event 102 • 1500 Free M	5.00pm	5.00pm- 5.45pm	5.45pm– 6.45pm	6.45pm – 7.00pm	7.00pm – 8.00pm	7.20pm- 8.30pm	Warm Down at Diving Pool

Day 2 Schedule

Day 2 20 Feb 2021	Enter AQC	Stretch Area	Warm Up at TP	Movement from TP->CP	Race at CP	Warm Down & Leave AQC	Remarks
Est Timeline	0	0-30mins	30-90mins	90-105mins	105-120mins	120-150mins	Total: 2hrs 30mins
Minutes	0	30mins	60mins	15mins	15mins	30mins	
Event 201 • 50 Fly W	7.30am	-	7.45am- 8.45am (Competition Pool)	8.45am- 9.00am (to clear comp pool)	9.00am- 9.15am	9.15am-9.45am	Warm Down at Diving Pool
Event 202 • 200 Back W	8.00am	8.00am- 8.30am	8.30am- 9.25am	9.25am- 9.30am	9.30am- 9.45am	9.45am-10.15am	Warm Down at Diving Pool
Event 203 • 100 Free W	9.00am	9.00am- 9.30am	9.30am- 10.25am	10.25am- 10.30am	10.30am- 10.45am	10.45am-11.15am	Warm Down at Diving Pool
Event 204 • 400IM W	10.00am	10.00am- 10.30am	10.30am- 11.25am	11.25am- 11.30am	11.30am- 12.00pm	12.00pm-12.30pm	Warm Down at Diving Pool

Event 205 <ul style="list-style-type: none"> • 400IM M 	11.00am	11.00am-11.30am	11.30am-12.25pm	12.25pm-12.30pm	12.30pm-1.00pm	1.00pm-1.30pm	Warm Down at Diving Pool
Event 206 <ul style="list-style-type: none"> • 50 Fly M 	12.00pm	12.00pm-12.30pm	12.30pm-1.25pm	1.25pm-1.30pm	1.30pm-1.45pm	1.45pm-2.15pm	Warm Down at Comp Pool
Event 207 <ul style="list-style-type: none"> • 200 Back M 	1.00pm	1.00pm-1.30pm	1.30pm-2.25pm	2.25pm-2.30pm	2.30pm-2.45pm	2.45pm-3.15pm	Warm Down at Comp Pool
Event 208 <ul style="list-style-type: none"> • 100 Free M 	2.00pm	2.00pm-2.30pm	2.30pm-3.25pm	3.25pm-3.30pm	3.30pm-3.45pm	3.45pm-4.15pm	Warm Down at Comp Pool

Day 3 Schedule

Day 3 21 Feb 2021	Enter AQC	Stretch Area	Warm Up at TP	Movement from TP->CP	Race at CP	Warm Down & Leave AQC	Remarks
Est Timeline	0	0-30mins	30-85mins	85-90mins	90-105mins	105-135mins	Total: 2hrs 30mins
Minutes	0	30mins	60mins	15mins	15mins	30mins	
Event 301 • 50 Breast M	7.30am	-	7.45am- 8.45am (Competition Pool)	8.45am- 9.00am (to clear comp pool)	9.00am- 9.15am	9.15am-9.45am	Warm Down at Diving Pool
Event 302 • 100 Back M	8.00am	8.00am- 8,30am	8.30am- 9.25am	9.25am- 9.30am	9.30am- 9.45am	9.45am-10.15am	Warm Down at Comp Pool
Event 303 • 200 Free M	9.00am	9.00am- 9.30am	9.30am- 10.25am	10.25am- 10.30am	10.30am- 10.45am	10.45am-11.15am	Warm Down at Comp Pool
Event 304 • 50 Breast W	10.00am	10.00am- 10.30am	10.30am- 11.25am	11.25am- 11.30am	11.30am- 11.45am	11.45am-12.15pm	Warm Down at Comp Pool

Event 305 <ul style="list-style-type: none"> 100 Back W 	11.00am	11.00am-11.30am	11.30am-12.25pm	12.25pm-12.30pm	12.30pm-12.45pm	12.45pm-1.15pm	Warm Down at Comp Pool
Event 306 <ul style="list-style-type: none"> 200 Free W 	12.00pm	12.00pm-12.30pm	12.30pm-1.25pm	1.25pm-1.30pm	1.30pm-1.45pm	1.45pm-2.15pm	Warm Down at Comp Pool