



Singapore Swimming Association January Swim Series 2022

22nd to 23rd January 2022

OCBC Aquatic Centre

1.0 General Information

Technical Meeting for Team Leaders

Friday, 21st January 2022

Competition

SSA January Swim Series 2022

Venue

OCBC Aquatic Centre, Singapore

Competition Schedule

Date	Day	Competition Time
22 nd January 2022	Saturday	The scheduled entry and exit times for each wave will be shared in a separate document.
23 rd January 2022	Sunday	

- 1.1 The Swim Series shall be conducted under the Rules and By-laws of FINA as prescribed in the Handbook of FINA (2017 – 2021). One-start rule applies. The list of approved swimsuits can be viewed at <http://fina.org/content/fina-approved-swimwear>
- 1.2 The Swim Series is open only to Swimmers who are existing members of SSA Affiliates (henceforth known as Affiliates).
- 1.3 All entries must be submitted through SSA Affiliates. Entries submitted individually will not be accepted.
- 1.4 All entries for this meet are **by invitation only**.

2.0 Competition Information

2.1 Events listed below will be for both Male and Female swimmers:

- a. Freestyle: 50m, 400m, 800m
- b. Backstroke: 100m
- c. Breaststroke: 100m
- d. Butterfly: 50m, 200m
- e. Individual Medley: 200m

Saturday, 22 nd January 2022			Sunday, 23 rd January 2022		
50m Free	Female + Male	Top 20 x 2 genders (Flight A)	50m Fly	Female + Male	Top 20 x 2 genders (Flight A)
100m Breast	Female + Male	Top 20 x 2 genders (Flight A)	100m Back	Female + Male	Top 20 x 2 genders (Flight A)
200m Fly	Female + Male	Top 20 x 2 genders (Flight A)	200m IM	Female + Male	Top 20 x 2 genders (Flight A)
800m Free	Female + Male	Top 20 x 2 genders (Flight A)	400m Free	Female + Male	Top 20 x 2 genders (Flight A)
50m Free	Female + Male	21st - 40th x 2 genders (Flight B)	50m Fly	Female + Male	21st - 40th x 2 genders (Flight B)
100m Breast	Female + Male	21st - 40th x 2 genders (Flight B)	100m Back	Female + Male	21st - 40th x 2 genders (Flight B)
200m Fly	Female + Male	21st - 40th x 2 genders (Flight B)	200m IM	Female + Male	21st - 40th x 2 genders (Flight B)
800m Free	Female + Male	21st - 40th x 2 genders (Flight B)	400m Free	Female + Male	21st - 40th x 2 genders (Flight B)

***50m, 100m, 200m, 400m & 800m Events**

40 slots per event are pre-allocated to swimmers who will be notified of the invitation to compete through their clubs.

All events will be timed finals and competitors shall be placed in graduated time order, from the *fastest to slowest*

- 2.2 Technical Officials – All Technical Officials shall be appointed by the SSA Technical Swimming Committee.
- 2.3 The SSA January Swim Series 2022 Management Committee reserves the right to the final decision on all matters pertaining to the Swim Series.
- 2.4 Format of Competition – The Swim Series are run in the FINA Long-Course Metres (LCM) format.

2.5 Schedule per day

Please refer to pages a-b at the end of the information pack.

3.0 Entry Regulations

- 3.1.1 **Swimmers Registration Fee** (*For local and international swimmers*)
2022 Annual Registration Fee is S\$30.00 (inclusive of 7% GST) per swimmer.
- 3.1.2 **Entry Fee** (*Applicable to Singaporean and international swimmers*)
a. Individual Event - S\$10.00 (inclusive of 7% GST) per event
- 3.2 **Entry Withdrawals**
Withdrawals of entered events can be done at no charge only at the Team Leaders Meeting on the hardcopy forms but entries fees will not be refunded.
- 3.3 All entries for this meet are **by invitation only.**
Swimmers will be invited based on their times clocked from 1 January 2021 to 31 December 2021.
- 3.4 Each swimmer will be allowed a maximum of 3 individual events per Swim Series.
Swimmers are allowed only one racing opportunity per event.
(*Example: if the swimmer has swum the 100m freestyle in the January Time Trials, they will not be considered for the January Swim Series*)
- 3.5 This swim meet is restricted to swimmers aged **13 years old and over (born in 2009 or earlier)**

4.0 DNS/Withdrawals/Post Event Fees

4.1 Withdrawals Before Competition

An administrative fee of S\$30.00 shall be imposed on each withdrawal from entered event **after the release of the start list till 60 mins before the start** of the competition.

4.2 Withdrawals Made 60 mins Before the Start of Each Session

Withdrawals made without submission of the withdrawal form to the Control Room Supervisor **within sixty (60) minutes of the start of each session** shall be deemed as **Did Not Show or Did Not Start (DNS)**.

A penalty of S\$100.00 shall be imposed on all DNS.

4.3 Did Not Show/Did Not Swim (DNS)

Swimmers who do not show up for their event/do not submit a withdrawal form will be imposed with the penalty of \$100.00.

4.4 Post Event Fee Waivers

The administrative fee and penalties (Did Not Swim/Withdrawals) will be waived if the swimmer produces a valid medical certificate for the relevant day of the race. However, the swimmer will not be permitted to participate in any further races for the day.

5.0 Accreditation Passes

There will not be any accreditation passes for swimmers.

Starting from 1 July 2018, coaches who wish to apply for an accreditation pass to be on deck during national competitions must be an NROC Member.

Clubs / Schools are required to state the names of their coaches and team managers during the submission of entries prior to the start of the event and are subject to the approval of the SSA team.

The pool deck at all Singapore Swimming Association national competitions are strictly reserved for registered athletes, coaches, essential support staff, event staff or other persons approved by Singapore Swimming Association.

All accreditation cards remain the property of Singapore Swimming, are **NON-TRANSFERABLE**, and can be withdrawn or refused at Singapore Swimming's sole discretion.

Please note that applying for an accreditation under false pretences would be a violation of accreditation procedures. In order to ensure a safe and inclusive training and competition environment, we would ask that rules and regulations surrounding accreditation be respected. Anyone found to be in violation of this will have their accreditation removed and will be asked to leave the venue immediately.

5.1 Lost/Misplaced Accreditation Passes

Replacement passes for misplaced/lost accreditation passes are available for the following costs:

Replacement Cost for Misplaced or Lost Accreditation Passes	
Coach/Team Manager	SGD \$100

6.0 Control Room Guidelines

6.1 Infraction Enquiry or Clarification

- 6.1.1 Request for the details of Infraction committed by the swimmer or swimmers shall be made to the Swimming Competition Meet Director by the Team Leader. No proxies will be entertained.
- 6.1.2 In the absence of Meet Director, the infraction enquiry shall be directed only to the Deputy Meet Director or Control Room Supervisor.
- 6.1.3 Enquiry of infraction shall be made within the same day of competition.
- 6.1.4 The Team Leader / Coach shall provide Swimmer Details i.e., Event Number, Heat Number, Swimmer's Name, Affiliate Name and Lane assigned.
- 6.1.5 ONLY the Team Leader / Coach shall be allowed access to Swimming Competition Control Room to retrieve final result print-outs, submission of necessary paperwork and Infraction Enquiry. No proxies shall be allowed.

6.2 Protests

- 6.2.1 Protests are possible:
 - a. If the rules and regulations for the conduct of the competition are not observed,
 - b. If other conditions endanger the competitions and/or competitors, or against decisions of the referee; however, no protest shall be allowed against decisions of fact.
- 6.2.2 All protests shall be considered by the Meet Referee. However, protests against decisions of fact will not be allowed.
- 6.2.3 If conditions causing a potential protest are noted prior to the competition, a protest must be lodged before the signal to start the race is given.
- 6.2.4 Protests must be submitted in accordance with the following:
 - a. In writing, with the supporting facts.
 - b. With a deposit of S\$100.00 enclosed.
 - c. Submitted to the Meet Referee by Affiliate Team Leader / Coach. No proxies will be entertained.
 - d. Submitted within thirty (30) minutes following the conclusion of the respective event.
- 6.2.5 If the Meet Referee rejects the protest, he/she must state the reasons for his decision. The Team Leader / Coach may then appeal the rejection to the Jury of Appeal, whose decision shall be final.
- 6.2.6 If the protest is rejected, the deposit shall be forfeited to the SSA January Swim Series 2022 Management Committee. If the protest is upheld, the deposit shall be returned.

7.0 Competition Venue

7.1 Competition Venue Location:

<http://www.sportshub.com.sg/directions/Pages/getting-here.aspx>



8.0 Terms & Conditions

- 8.1 All Participants who have entered in the SSA January Swim Series 2022 are deemed to have given written permission to the Organizers for the Organizers to collect, analyse and collate any personal information relating to that Participant, as the Organizers may in their sole discretion deem fit, including without any limitation information for the Organizers' programme, planning, data-processing, statistical or risk-analysis, research, fund-raising and/ or, any other purposes in furtherance of the functions or powers of SSA.
- 8.2 Whilst reasonable precaution will be taken by the Organizers to ensure the Participants' safety, Participants take part in SSA January Swim Series 2022 at their own risk and the Organizers will not be responsible or held liable for any injury or death howsoever arising from training for or during participation in SSA January Swim Series 2022. Participants are strongly encouraged to consult their medical practitioner prior to registration and before the actual race day.
- 8.3 In the event of harsh weather conditions that could cancel the SSA January Swim Series 2022. SSA reserves the right not to refund entry fees or any other charges submitted by the teams and/ or individuals at SSA January Swim Series 2022.

9.0 Key Dates

Date & Time	Event	Remarks
7 th January 2022 (Friday)	1 st Round of Invitation to be sent out with Hy-Tek Meet Manager File	
12 th January 2022, 1pm (Wednesday)	Deadline for 1 st Round of Invitation	
12 th January 2022 (Wednesday)	2 nd Round of Invitation to be sent out with Hy-Tek Meet Manager File	
14 th January 2022, 1pm (Friday)	Deadline for 2 nd Round of Invitation	
14 th January 2022 (Friday)	3 rd Round of Invitation to be sent out with Hy-Tek Meet Manager File	
18 th January 2022, 1pm (Tuesday)	Deadline for 3 rd Round of Invitation	
19 th January 2022 (Wednesday)	<ul style="list-style-type: none"> – 4th Round of Invitation to be sent out – Preliminary Entries List (Psych Sheet) will be sent out to all participating affiliates/teams 	-
21 st January 2022, 11.00am (Friday)	<ul style="list-style-type: none"> – Deadline for 4th Round of Invitation – Team Leaders Meeting 	– Online Zoom Meeting
22 nd to 23 rd January 2022	SSA January Swim Series 2022	OCBC Aquatic Centre

Day 1 22 nd Jan 2022	Enter AQC	Stretch Area	Warm Up at TP	Movement from TP->CP	Race at CP	Warm Down & Leave AQC	Remarks
Est Timeline	0	0-20mins	15-85mins	85-90mins	90-105mins	105-135mins	Total: 2hrs 20mins
Minutes	0	20mins	70mins	5mins	15mins	30mins	
Event 101/102 • 50 Freestyle • Heat 1-2 FLIGHT A	7.45am	-	7.50am-9.00am (Competition Pool)	9.00am-9.15am (clear comp pool)	9.15am-9.30am	9.30am-10.00am	Warm Down Diving Pool (F) /Comp Pool (M)
Event 103/104 • 100 Breaststroke • Heat 1-2 FLIGHT A	8.25am	8.25am-8.45am	8.45am-9.55am	9.55am-10.00am	10.00am-10.15am	10.15am-10.45am	Diving Pool (F) /Comp Pool (M)
Event 105/106 • 200 Butterfly • Heat 1-2 FLIGHT A	9.35am	9.35am-9.55am	9.55am-11.05am	11.05am-11.10am	11.10am-11.25am	11.25am-11.55am	Diving Pool (F) /Comp Pool (M)
Event 107/108 • 800 Freestyle • Heat 1-2 FLIGHT A	10.45am	10.45am-11.05am	11.05am-12.15pm	12.15pm-12.20pm	12.20pm-1.00pm	1.00pm-1.30pm	Diving Pool (F) /Comp Pool (M)
Event 101/102 • 50 Freestyle • Heat 3-4 FLIGHT B	12.05pm	12.05pm-12.25pm	12.25pm-1.25pm	1.25pm-1.30pm	1.30pm-1.45pm	1.45pm-2.15pm	Diving Pool (F) /Comp Pool (M)
Event 103/104 • 100 Breaststroke • Heat 3-4 FLIGHT B	1.05pm	1.05pm-1.25pm	1.25pm-2.25pm	2.25pm-2.30pm	2.30pm-2.45pm	2.45pm-3.15pm	Diving Pool (F) /Comp Pool (M)
Event 105/106 • 200 Butterfly • Heat 3-4 FLIGHT B	2.05pm	2.05pm-2.25pm	2.25pm-3.25pm	3.25pm-3.30pm	3.30pm-3.45pm	3.45pm-4.15pm	Diving Pool (F) /Comp Pool (M)
Event 107/108 • 800 Freestyle • Heat 3-4 FLIGHT B	3.05pm	3.05pm-3.25pm	3.25pm-4.25pm	4.25pm-4.30pm	4.30pm-5.00pm *(2M + 1F)	5.00pm-5.30pm	Diving Pool (F) /Comp Pool (M)

Day 2 23 rd Jan 2022	Enter AQC	Stretch Area	Warm Up at TP	Movement from TP->CP	Race at CP	Warm Down & Leave AQC	Remarks
Est Timeline	0	0-20ins	15-85mins	85-90mins	90-105mins	105-135mins	Total: 2hrs 20mins
Minutes	0	20mins	70mins	5mins	15mins	30mins	
Event 201/202 • 50 Butterfly • Heat 1-2 FLIGHT A	7.45am	-	7.50am-9.00am (Competition Pool)	9.00am-9.15am (clear comp pool)	9.15am-9.30am	9.30am-10.00am	Warm Down Diving Pool (F) /Comp Pool (M)
Event 203/204 • 100 Backstroke • Heat 1-2 FLIGHT A	8.25am	8.25am-8.45am	8.45am-9.55am	9.55am-10.00am	10.00am-10.15am	10.15am-10.45am	Diving Pool (F) /Comp Pool (M)
Event 205/206 • 200 IM • Heat 1-2 FLIGHT A	9.35am	9.35am-9.55am	9.55am-11.05am	11.05am-11.10am	11.10am-11.25am	11.25am-11.55am	Diving Pool (F) /Comp Pool (M)
Event 207/208 • 400 Freestyle • Heat 1-2 FLIGHT A	10.45am	10.45am-11.05am	11.05am-12.15pm	12.15pm-12.20pm	12.20pm-12.35pm	12.35pm-1.05pm	Diving Pool (F) /Comp Pool (M)
Event 201/202 • 50 Butterfly • Heat 3-4 FLIGHT B	11.55am	11.55am-12.15pm	12.15pm-1.15pm	1.15pm-1.20pm	1.20pm-1.35pm	1.35pm-2.05pm	Diving Pool (F) /Comp Pool (M)
Event 203/204 • 100 Backstroke • Heat 3-4 FLIGHT B	12.55pm	12.55pm-1.15pm	1.15pm-2.15pm	2.15pm-2.20pm	2.20pm-2.35pm	2.35pm-3.05pm	Diving Pool (F) /Comp Pool (M)
Event 205/206 • 200 IM • Heat 3-4 FLIGHT B	1.55pm	1.55pm-2.15pm	2.15pm-3.15pm	3.15pm-3.20pm	3.20pm-3.35pm	3.35pm-4.05pm	Diving Pool (F) /Comp Pool (M)
Event 207/208 • 400 Freestyle • Heat 3-4 FLIGHT B	2.55pm	2.55pm-3.15pm	3.15pm-4.15pm	4.15pm-4.20pm	4.20pm-4.35pm	4.35pm-5.00pm	Diving Pool (F) /Comp Pool (M)