



ANTI-DOPING POLICY

Approved:	September 2021
Last Reviewed:	September 2021
Effective:	September 2021
Date To Be Reviewed:	September 2022

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SINGAPORE SWIMMING ASSOCIATION
7 Stadium Drive #01-50, Singapore 397632, Phone: +65 6258 1011, Fax: 65 6258 4793
contact@swimming.org.sg <https://www.swimming.org.sg/>

1. Policy Statement

- 1.1 This policy aims to state the role and stand of Singapore Swimming Association (“SSA” or the “Association”) regarding Anti-Doping in Aquatics in Singapore shall take immediate effect and be construed as rules of SSA.

2. References

- 2.1 The following documents are referenced in this procedure:

- I. Anti-Doping of Singapore (“ADS”) Policy (“ADS Policy”)
- II. ADS Anti-Doping Rules (“ADS Rules”)
- III. World Anti-Doping Agency (“WADA”) Code (“Code”)

3. Purpose & Scope

- 3.1 SSA recognises the authority of ADS as the designated National Anti-Doping Organisation responsible for all anti-doping matters relating to sport in Singapore, and fully supports the efforts of ADS in the fight against doping in sport.
- 3.2 SSA accepts the ADS Policy and the ADS Rules, both of which are established in accordance with the Code, as the basis for the fight against doping in sport.
- 3.3 All affiliates, members, athletes, participants, staff and other individuals, who are subject to the jurisdiction of SSA (collectively known as “Individuals”) shall be governed by the ADS Policy and are further obliged to observe, abide by and implement the anti-doping measures set out in the Code.

4. Application of ADS Policy and ADS Rules to Individuals

- 4.1 All individuals who are registered athletes that participate in any capacity are bound by the ADS Policy and ADS Rules by virtue of the relationship which exists between the Association and the Individual through their agreement to participate in sport according to its rules. In this regard, the ADS Policy and ADS Rules applies to:
- a) All individuals who are registered athletes with SSA, regardless of nationality or where they reside or are situated;
 - b) All individuals who are registered athletes with SSA’s affiliated member clubs, teams, associations or leagues;
 - c) All individuals who participate in any capacity in any activity organised, convened or authorised by SSA or its affiliated member clubs, teams, associations, or leagues.

5. Obligation of Individuals

5.1 At a minimum, Individuals must:

- a) Have knowledge of and comply with all anti-doping policies and rules which are applicable to them;
- b) Make themselves available for Sample Collection, if required;
- c) Take responsibility in the context of anti-doping for what they ingest and use;
- d) Not knowingly cheat by using performance enhancing substances;
- e) Inform medical personnel of their obligations not to Use Prohibited Substances and Prohibited Methods and to take responsibility for ensuring that medical treatment received does not violate anti-doping policies and rules pursuant to the Code, particularly the rules of procedure for Therapeutic Use Exemptions;
- f) Cooperate with ADS and other recognised Code compliant international anti-doping programmes; and
- g) Positively demonstrate the values and behaviour required to foster doping-free sport and true excellence in performance.

6. Commitment of SSA

6.1 SSA condemns the use of doping in sport. It recognises the right of all its Athletes to participate in a sport that is free from the misuse of drugs. SSA is committed to educate, inform and test, as appropriate, participants competing in Aquatics in Singapore, and representing Singapore, so that it remains a drug-free sport.

6.2 In testing its Athletes, SSA is committed to handling the management of results in a confidential and accountable manner and to carry out disciplinary procedures where appropriate by a fair and independent process.

7. Violations

7.1 The disciplinary procedure for a contravention of the ADS Policy and ADS Rules is published in full in the ADS Anti-Doping Rules.

8. Review/Changes to the Policy

8.1 Singapore Swimming Association is committed to ensuring all policies are up-to-date and reflect current practices. This Policy shall be reviewed yearly and any changes to the policy shall be approved by SSA EXCO and will be updated and posted on SSA's website.