

<b>Competition</b>	<b>18<sup>th</sup> FINA World Swimming Championships Gwangju Korea 21-28 July, 2019</b>
<b>SSA Qualifying Period</b>	19 August, 2018 – 30 April 2019
<b>Initial Release Date</b>	16 July 2018

<b>Selection Events</b>	<ul style="list-style-type: none"> <li>• 2018 Asian Games</li> <li>• 2018 Junior Pan Pacific Championships</li> <li>• 2019 50<sup>th</sup> Singapore National Age Group Swimming Championships</li> <li>• 2019 15<sup>th</sup> Singapore National Swimming Championships (For potential selection to relays only)</li> <li>• Overseas Based Athletes not returning for 50<sup>th</sup> SNAG can select one qualifying meet between 1 January 2019 – 30 April 2019.</li> <li>• Overseas Based Athletes not returning for 15<sup>th</sup> SNSC can select one qualifying meet during the month of June 2019.</li> <li>• Both Overseas Based Athletes selected meets must comply with FINA standards for 2019 World Swimming Championship qualifying events. Submission of these meets must be received at Singapore Swimming Association (SSA) by 1700hrs 30 September, 2018.             <ul style="list-style-type: none"> <li>○ Nomination of one Overseas meet is to be sent to <a href="mailto:sonya.porter@swimming.org.sg">sonya.porter@swimming.org.sg</a></li> <li>○ The overseas based athlete is responsible to seek clarification from the host country that the meet is a FINA qualifying event</li> <li>○ Any times submitted that are not from a FINA qualifying event will NOT be accepted.</li> <li>○ Official times must be sent directly to SSA within two days of the meet conclusion.</li> <li>○ Send times to <a href="mailto:Jessica.Chua@Swimming.org.sg">Jessica.Chua@Swimming.org.sg</a></li> </ul> </li> </ul>
<b>Eligibility</b>	<p>To be considered for selection, a swimmer must meet all of the following eligibility criteria and maintain through the Championships:</p> <ol style="list-style-type: none"> <li>1. Be a Singapore citizen, eligible to represent Singapore.</li> <li>2. Be a registered member of SSA in good standing.</li> <li>3. Have a signed current SSA Athlete Agreement.</li> <li>4. Met performance standards as designated by FINA, the governing body of this championship             <ol style="list-style-type: none"> <li>a. Times must be achieved in an individual event; relay lead-off times, intermediate splits or swim-off results will not be considered for selection purposes.</li> </ol> </li> <li>5. Have competed in the 50<sup>th</sup> SNAG Championships, 2018 Asian Games, 2018 Junior Pan Pacific Championships, or a designated accredited meet if based overseas as well as compete in 15<sup>th</sup> SNSC or an equivalent international meet in the month of June 2019 for overseas based swimmers, unless granted an exemption under the provisions of the criteria by the SSA Selectors. This exemption will only be granted due to extenuating</li> </ol>

	<p>circumstances. On request of SSA, evidence shall be provided of the extenuating circumstances, prior to the exemption being considered.</p> <ol style="list-style-type: none"> <li>a. Extenuating circumstances can include but is not limited to:             <ol style="list-style-type: none"> <li>i. Injury or Illness</li> <li>ii. Equipment Failure</li> <li>iii. Travel Delays</li> <li>iv. Bereavement</li> </ol> </li> <li>6. Continues to train for, behave and act towards peak swimming performance.</li> <li>7. Be available to fulfil the Team Commitments as listed below and any additional commitments following selection.</li> <li>8. Not used or administered any substance which, if it had been detected as being present in the athlete’s body tissue or fluids, would have constituted doping, or used any prohibited method or committed any other doping offence as defined in ADS’s, WADA or FINA’s Anti-Doping By-law.</li> <li>9. No individual can perform the role of both participating swimmer and coach at the same meet.             <ol style="list-style-type: none"> <li>a. The individual shall declare their intention upon selection of their specific role.</li> <li>b. Each individual will declare their role upon signing either the Athletes’ Agreement or Coaches’ Agreement</li> </ol> </li> </ol>
<p><b>Team Commitments</b></p>	<p>All swimmers and officials must:</p> <ol style="list-style-type: none"> <li>1. Comply with the provisions of the SSA Athletes Agreement at all times.</li> <li>2. Conform to SSA requirements regarding team participation. This includes, but may not be limited to, providing an acceptable training plan, attendance at a pre-event camp and wearing team uniform.</li> <li>3. Make themselves available for all team activities designated by SSA.</li> <li>4. Not act in such a manner as to bring the athlete or SSA into public disrepute.</li> <li>5. All swimmers and officials are required to appear at events and platforms whereby their images and presence are needed to achieve SSA’s objectives.</li> </ol>
<p><b>Performance Requirements</b></p>	<p>To be considered for selection for individual events for the 17<sup>th</sup> FINA World Championships, swimmers are required to:</p> <ol style="list-style-type: none"> <li>1. Achieve an A Time Standard as shown below in Table 1. at one of the designated selection meets.</li> <li>2. The Automatic Qualifying time set by FINA for this championship.</li> <li>3. A maximum of two swimmers can be entered per event provided both swimmers meet the A Time Standard. The fastest two swimmers with A Time Standards after the qualifying period will be selected.</li> <li>4. Achieve a B Time Standard as shown in Table 1. at one of the designated selection meets.             <ol style="list-style-type: none"> <li>a. B Time Standard set by FINA for this championship will NOT be used for this 2019 FINA World Championship selection process. SSA will consider B Standards indicated in the table below that represent +1% of the FINA A Standard.</li> </ol> </li> </ol>

	<p>b. One Swimmer can qualify with a B Time Standard provided no swimmers achieve the A time standard in that event and they are the fastest B Time Standard.</p> <p>5. Should two or more swimmers achieve the same qualifying time at the selection Event than the swimmer's second fastest time (and subsequent times should there continue to be a tie) in that event during the Selection Event will be used to determine which swimmer is selected.</p> <p>6. Relay lead-offs or splits will not be considered for selection for individual events.</p> <p><u>Nomination for Other Events:</u></p> <p>At the sole discretion of the National Head Coach, swimmers who qualify for the 2019 FINA World Championships on the above basis may request to swim additional events (events in which they have achieved the qualifying criteria in FINA Meets not listed above) if there is an available position. Decisions about additional events will be finalized by SSA in consultation with the National Head Coach.</p> <p><u>Criteria for Selection for Relay Events:</u></p> <p>Based on team places available after individual selection relay only swimmers will be selected by the following priority:</p> <ol style="list-style-type: none"> <li>1. Best relay add-up times will be ranked based on fastest percentage from qualifying A Time Standard. Relays will be filled by ranking until all team places are filled.</li> <li>2. Performance rankings in the individual event of the same stroke and distance will be used to determine relay only selections, provided the add-up time equals or betters the Relay A time Standard shown in table 1.</li> <li>3. For the 4 x 100m Freestyle and 4 x 200m Freestyle Relays, top 4 x 100m and 200m Freestyle swimmers will be selected. For the 4 x 100m Medley Relay each position will be filled with the best overall time combination of individual stroke performances.</li> <li>4. An alternate 100m and 200m freestyler will be selected should the maximum team size not yet be filled and the add up time less the fastest swimmer adds up to the Relay A-Time Standard as per Table 1.</li> <li>5. A relay lead-off time from qualifying meets (1<sup>st</sup> swimmer in a relay) could be considered as a relay only position.</li> <li>6. Relay only swimmers will be added based on relay priority and within the FINA rule BL 9.3.6.3. Any additional swimmers must be within the maximum quota of swimmers for the event. See Table 2</li> <li>7. The final decision of the composition of the relays will be made by the National Team Head Coach.</li> </ol>
<p><b>Team Size</b></p>	<ol style="list-style-type: none"> <li>1. SSA intends to send a maximum of 2 representatives per each individual event, up to 30 swimmers.</li> </ol>

	<p>2. The fastest 2 qualifying swimmers of each individual event within the qualifying window will, by default, be automatically nominated to represent Singapore at the 2019 FINA World Championships. If the 2 fastest swimmers choose not to swim in an individual event, the slot will go to the 3<sup>rd</sup> fastest qualifying swimmer in the event and so on.</p> <p>3. SSA shall not be obligated to take a full team of two athletes per event should a qualifying athlete not be available for selection.</p>
<p><b>Coaches Selection</b></p>	<p>The National Head Coach and Performance Director will assume the role of the Head Coach for the 2019 FINA World Championships.</p> <p>The number of coaches selected will depend on the number of swimmers selected to the meet with a maximum ratio of 1:4 (1 coach x every 4 swimmers), designated by their swimmers qualified to the meet.</p> <p>The coaches will be selected in accordance to the following priority:</p> <ol style="list-style-type: none"> <li>1) Number of swimmers that have achieved the individual A Time Standard.</li> <li>2) Number of swimmers that have achieved the individual B Time Standard.</li> <li>3) If there are more coaches placing swimmers on the team than the ratio of coaches permits (1 to 4), then a coach priority list will be determined via swimmer’s best individual event FINA World Ranking (Sept 1 2017 – August 31 2018).</li> </ol> <p>The nominated coach of an athlete must be the coach of record for at least 3 months prior to the athlete’s selection and current coach into the 2019 FINA World Championships.</p>
<p><b>Notes</b></p>	<p>FINA is the international governing body which sets the A qualifying standards for 2019 World Championships. B qualifying is considered for swimmers achieving times within the 2020 Olympic B-Cut time.</p> <p>The selection committee will consist of the following:</p> <ul style="list-style-type: none"> <li>• Joscelin Yeo</li> <li>• Stephan Widmer</li> <li>• Kelvin Yew</li> <li>• Sonya Porter</li> <li>• Gary Tan</li> </ul> <p>The appeals committee will consist of the following</p> <ul style="list-style-type: none"> <li>• Lee Kok Choy</li> <li>• Bervyn Lee</li> <li>• Ho Mun Wai</li> </ul> <p>The HPC may amend these selection criteria at any time at its discretion with the approval of the SSA Selection Committee.</p>
<p><b>Approved Date</b></p>	<p>16 July 2018</p>

Automatic and B Qualifying Times

Table 1



2019 FINA Swimming World Championships  
Gwangju (KOR)  
SSA Qualifying Times



WOMEN						MEN						
OLYMPIC Cuts		FINA Worlds Cuts		SSA Worlds Cuts		Event	SSA Worlds Cuts		FINA Worlds Cuts		OLYMPIC Cuts	
A-Cut 2 Entries	B-Cut 1 Entry	A-Cut 2 Entries	B-Cut 1 Entry	A-Cut 2 Entries	B-Cut 1 Entry		A-Cut 2 Entries	B-Cut 1 Entry	A-Cut 2 Entries	B-Cut 1 Entry	A-Cut 2 Entries	B-Cut 1 Entry
0:24.77	0:25.51	0:25.04	0:25.92	0:25.04	0:25.51	50m Freestyle	0:22.18	0:22.67	0:22.18	0:22.96	0:22.01	0:22.67
0:54.38	0:56.01	0:54.49	0:56.40	0:54.49	0:56.01	100m Freestyle	0:48.80	0:50.03	0:48.80	0:50.51	0:48.57	0:50.03
1:57.28	2:00.80	1:58.66	2:02.81	1:58.66	2:00.80	200m Freestyle	1:47.40	1:50.23	1:47.40	1:51.16	1:47.02	1:50.23
4:07.90	4:15.34	4:10.57	4:19.34	4:10.57	4:15.34	400m Freestyle	3:48.15	3:53.58	3:48.15	3:56.14	3:46.78	3:53.58
8:33.36	8:48.76	8:38.56	8:56.71	8:38.56	8:48.76	800m Freestyle	7:54.31	8:08.54	7:54.31	8:10.91	7:54.31	8:08.54
16:32.04	17:01.80	16:32.04	17:06.76	16:32.04	17:01.80	1500m Freestyle	15:07.38	15:28.02	15:07.38	15:39.14	15:00.99	15:28.02
		0:28.22	0:29.21	0:28.22	0:28.75	50m Backstroke	0:25.17	0:25.73	0:25.17	0:26.05		
1:00.25	1:02.06	1:00.59	1:02.71	1:00.59	1:02.06	100m Backstroke	0:54.06	0:55.47	0:54.06	0:55.95	0:53.85	0:55.47
2:10.39	2:14.30	2:11.53	2:16.13	2:11.53	2:14.30	200m Backstroke	1:58.34	2:01.03	1:58.34	2:02.48	1:57.50	2:01.03
		0:31.22	0:32.31	0:31.22	0:31.81	50m Breaststroke	0:27.39	0:28.04	0:27.39	0:28.35		
1:07.07	1:09.08	1:07.43	1:09.79	1:07.43	1:09.08	100m Breaststroke	0:59.95	1:01.73	0:59.95	1:02.05	0:59.93	1:01.73
2:25.52	2:29.89	2:25.91	2:31.02	2:25.91	2:29.89	200m Breaststroke	2:11.00	2:14.26	2:11.00	2:15.59	2:10.35	2:14.26
		0:26.34	0:27.26	0:26.34	0:26.83	50m Butterfly	0:23.66	0:24.18	0:23.66	0:24.49		
0:57.92	0:59.66	0:58.48	1:00.53	0:58.48	0:59.66	100m Butterfly	0:51.96	0:53.52	0:51.96	0:53.78	0:51.96	0:53.52
2:08.43	2:12.28	2:09.21	2:13.73	2:09.21	2:12.28	200m Butterfly	1:56.71	1:59.97	1:56.71	2:00.80	1:56.48	1:59.97
2:12.56	2:16.54	2:13.03	2:17.69	2:13.03	2:16.54	200m IM	2:00.22	2:03.26	2:00.22	2:04.43	1:59.67	2:03.26
4:38.53	4:46.89	4:43.06	4:52.97	4:43.06	4:46.89	400m IM	4:17.90	4:21.46	4:17.90	4:26.93	4:15.84	4:21.46
SSA Relay Qualification Times												
A-Cut WC				A-Cut WC				A-Cut WC				
3:44.06		4x100m FR		3:18.13				3:18.13				
8:06.67		4x200m FR		7:17.99				7:17.99				
4:12.04		4x100m Medley		3:36.61				3:36.61				

Table 2.

FINA Rule 9.3.6.3

**BL 9.3.6.3** At the World Championships, each National Federation may enter only one (1) team in each relay. All swimmers entered in individual events can be used in relays, even if they have not achieved an “A” or “B” Standard Entry Time for the corresponding stroke and distance of the relay in which they are entered. Each National Federation may enter additional swimmers for relays only, provided that they have achieved the “B” Standard Entry Time for the corresponding stroke and distance of the relay in which they are entered. Any additional swimmers must be within the maximum quota of swimmers for the event.

The following formula shall apply:

- One (1) Relay - two (2) additional swimmers
- Two (2) Relays - four (4) additional swimmers
- Three (3) Relays - six (6) additional swimmers
- Four (4) Relays - eight (8) additional swimmers
- Five (5) Relays - ten (10) additional swimmers
- Six (6) or more Relays - twelve (12) additional swimmers