

## 1<sup>st</sup> SSA Inter-school Synchronised Swimming Competition Program Guide

Date	Time		
<b>25 Mar</b>	0830	Entry to poolside (CCAB)	
	0900 - 1200	Open pool for warm up (No music practice)	
	0930 - 1030	Teacher-in-charge & Coaches Meeting – Costume check – Submission of music CD – Start list	
	1115 - 1145	Volunteers Meeting	
	1145 - 1215	Judges Meeting	
	1200	End of warm up session; Competition will start at 1230	
		<b>Division</b>	<b>Event</b>
	1230 – 1325	Pri D Div	Solo
	1340 – 1420	Sec B Div	Solo
	1450 – 1530	Pri Invitational Open	Solo
		Sec Invitational Open	Solo
	1545 – 1640	Pri D Div	Duet
		Pri B Div	Duet
		Sec C Div	Duet
1650 - 1720	Music practice for Team events ONLY (Pri D, Sec C & Sec B Div – one time swim through)		
<b>26 Mar</b>	0800 - 0845	Open pool for warm up (No music practice)	
	0830 - 0845	Teacher-in-charge & Coaches Meeting	
	0845 - 0900	Judges Meeting	
		<b>Division</b>	<b>Event</b>
	0900 - 1000	Pri C Div	Solo
		Pri B Div	Solo
		Sec A Div	Solo
	1015 - 1110	Sec C Div	Solo
	1140 - 1210	Sec B Div	Duet
		Sec A Div	Duet
	1225 - 1250	Pri D Div	Team
		Sec C Div	Team
Sec B Div		Team	
1300	Prize giving ceremony		

*Actual time may be subjected to change.*

# 1<sup>st</sup> SSA Inter-school Synchronised Swimming Competition Pool Layout at CCAB

