

**5th SINGAPORE NATIONALS SYNCHRONISED SWIMMING COMPETITION  
28 to 30 MAY 2010**

**27 May 2010 (Thursday )**

**Location : Toa Payoh Swimming Complex**

<b>Time</b>	<b>Events Number</b>	<b>Descriptions</b>	<b>Group</b>	<b>Remarks</b>
14:00		Open Pool training (No music)		Pool Open for training from 14:00 to 18:00 hr
15:00		Team Manager's Meeting - Drawing of Start Lists - Costumes Check - Submit routine music CD - Passports check - Payment of entry fees, lunch packages, transportation etc - Distribution of T-shirts		** Draw for Figure Optional Group on 26 May 2010 (Wednesday) Time : 10:00 hour Venue : Toa Payoh Swimming Complex
16:00		Judges's Meeting		ALL Judges

\* In case of bad weather, events may be delayed or postponed to the next day

**5th SINGAPORE NATIONALS SYNCHRONISED SWIMMING COMPETITION  
28 to 30 MAY 2010**

**28 May 2010 (Friday) - Figures Competition  
Location : Toa Payoh Swimming Complex**

Time	Events Number	Descriptions	Group	Remarks
08:00	-	- Warm-up  - Test Music  - Technical Officials' meeting	6	- ALL swimmers  - all morning session music only - 1 minute each  - Runners, scorers, readers, marshalls
08:30	-	Judges' Meeting		- ALL Judges
09:00	1	Figures Competition Age 16 - 18 (9 swimmers)	9	
09:50	2	Figures Competition 12 & Under (27 Swimmers)	27	
11:25	3	Figures Competition Age 13 - 15 (26 Swimmers)	26	
13:10	-	Lunch		
14:00	4	Solo tech (6 swimmers)	6	
14:30	-	Music Practice		Music Practice - 14:30 to 18:00 hr (Allocation of timing to be advised)
15:00	-	Draw - Solo (12 & under) - Solo (Age 13-15)		
18:00	-	END		
<b>END of Competition Day 1</b>				

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**5th SINGAPORE NATIONALS SYNCHRONISED SWIMMING COMPETITION  
28 to 30 MAY 2010**

**29 May 2010 (Saturday)**

**Location : Toa Payoh Swimming Complex**

<b>Time</b>	<b>Event Number</b>	<b>Descriptions</b>	<b>Group</b>	<b>Remarks</b>
08:00	-	- Warm Up  - Test Music  - Technical Officials' meeting	30	- ALL swimmers  - all morning session music only - 1 minute each  - Runners, scorers, readers, marshalls, timekeepers, music manager, announcer, data processing
08:30	-	Judges' Meeting		- ALL Judges
09:00	5	Solo - Age 13 - 15 (14 Swimmers)	14	
10:15	6	Solo - Age 16 - 18 (5 swimmers)	5	
10:40	7	Solo - Open Free (7 solo)	7	
11:30	8	Duet - Open Technical (4 duets)	4	
12:00	-	Lunch		
12:30	-	Test Music	20	- all afternoon session music only - 1 minute each
13:00	9	Solo - 12 & Under (17 swimmers)	17	
14:30	10	Team - Open Technical (3 Teams)	3	
15:00	-	Music Practice		Music Practice - 15:00 to 18:00 hr (Allocation of timing to be advised)
18:00	-	END		
<b>END of Competition Day 2</b>				

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**5th SINGAPORE NATIONALS SYNCHRONISED SWIMMING COMPETITION  
28 to 30 MAY 2010**

**30 May 2010 (Sunday)**

**Location : Toa Payoh Swimming Complex**

<b>Time</b>	<b>Events Number</b>	<b>Descriptions</b>	<b>Group</b>	<b>Remarks</b>
08:00	-	- Warm up  - Test Music  - Technical Officials' meeting	34	- ALL swimmers  - all morning session music only - 1 minute each  - Runners, scorers, readers, marshalls, timekeepers, music manager, announcer, data processing
08:30	-	Judges' Meeting		- ALL Judges
09:00	11	Duet - Open Free (5 duets)	5	
9:25	12	Duet - Age 16 - 18 (2 duets)	2	
9:45	13	Duet - Age 13 - 15 (7 duets)	7	
10:30	14	Duet - 12 & Under (8 duets)	8	
11:15	15	Free Combination (4 teams)	4	
11:39	16	Team - Age 13 - 15 (2 teams)	2	
12:00	17	Team - Under 12 (3 teams)	3	
12:15	18	Team - Age 16 - 18 (1 team)	1	
12:20	19	Team - Open Free (3 teams)	3	
13:00	-	Prize Presentation		
<b>END of Competition</b>				

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