

MEN								EVENTS								WOMEN													
SNAG Meet Rec / SEAAG QTs								OG QTs		Nat Recs				Nat Recs			OG QTs		SNAG Meet Rec / SEAAG QTs										
8y	9y	10y	11y	12y	13-14y	15-17y	18y+	A	B	OPEN	U-17	U-14		OPEN	U-17	U-14	A	B	8y	9y	10y	11y	12y	13-14y	15-17y	18y+			
0:35.63	0:31.75	0:30.15	0:27.53	<u>0:26.04</u>	<u>0:25.11</u>	<u>0:23.96</u>	<u>0:23.56</u>						50m FREESTYLE	0:26.13	0:26.61	0:26.89	0:25.43	0:26.32	0:34.56	0:31.45	0:30.36	0:28.24	<u>0:27.88</u>	<u>0:27.50</u>	<u>0:27.11</u>	0:27.07			
0:39.19	0:34.93	0:33.16	0:30.28	0:28.64	0:27.62	0:26.36	/	0:22.35	0:23.13	0:22.69	0:24.09	0:25.03		0:26.13	0:26.61	0:26.89	0:25.43	0:26.32	0:38.02	0:34.60	0:33.40	0:31.06	0:30.67	0:30.25	0:29.82	/			
1:18.29	1:09.33	1:05.71	0:59.22	<u>0:56.35</u>	<u>0:54.68</u>	<u>0:52.67</u>	<u>0:51.39</u>						100m FREESTYLE	0:56.05	0:57.27	0:58.52	0:55.24	0:57.17	1:16.31	1:08.56	1:06.34	1:02.67	<u>1:00.70</u>	<u>0:59.19</u>	<u>0:58.70</u>	0:58.93			
1:26.12	1:16.26	1:12.28	1:05.14	1:01.99	1:00.15	0:57.94	/	0:49.23	0:50.95	0:51.00	0:52.35	0:54.19		0:56.05	0:57.27	0:58.52	0:55.24	0:57.17	1:23.94	1:15.42	1:12.97	1:08.94	1:06.77	1:05.11	1:04.57	/			
/	2:33.06	2:23.27	2:12.19	<u>2:04.72</u>	<u>2:00.69</u>	<u>1:53.78</u>	<u>1:56.77</u>						200m FREESTYLE	2:03.34	2:03.55	2:06.40	1:59.29	2:03.47	/	2:35.05	2:24.72	2:14.93	<u>2:09.40</u>	<u>2:07.50</u>	<u>2:06.22</u>	2:09.90			
/	2:48.37	2:37.60	2:25.41	2:17.19	2:12.76	2:05.16	/	1:48.72	1:52.53	1:52.09	1:53.96	1:56.71		2:03.34	2:03.55	2:06.40	1:59.29	2:03.47	/	2:50.56	2:39.19	2:28.42	2:22.34	2:20.25	2:18.84	/			
/	/	/	4:40.17	<u>4:22.39</u>	<u>4:11.14</u>	<u>4:07.73</u>	<u>4:11.03</u>						400m FREESTYLE	4:20.20	4:20.20	4:24.73	4:11.26	4:20.05	/	/	/	4:42.95	<u>4:31.74</u>	<u>4:30.27</u>	<u>4:26.28</u>	4:43.97			
/	/	/	4:54.18	4:35.51	4:23.70	4:20.12	/	3:49.96	3:58.01	3:59.61	4:03.77	4:10.68		4:20.20	4:20.20	4:24.73	4:11.26	4:20.05	/	/	/	4:57.10	4:45.33	4:43.78	4:39.59	/			
/	/	/	/	/	/	/	/						800m FREESTYLE	8:55.31	8:55.31	9:02.20	8:35.98	8:54.04	/	/	/	/	/	<u>9:31.79</u>	<u>9:03.89</u>	<u>9:14.32</u>	/		
/	/	/	/	/	/	/	/	/	/	8:22.93	8:37.64	8:43.07		8:55.31	8:55.31	9:02.20	8:35.98	8:54.04	/	/	/	/	/	10:00.38	9:31.08	9:42.04	/		
/	/	/	/	<u>17:33.70</u>	<u>16:57.08</u>	<u>16:35.01</u>	<u>16:22.82</u>						1500m FREESTYLE	17:02.07	17:02.07	17:30.59	/	/	/	/	/	/	/	/	/	/			
/	/	/	/	18:26.39	17:47.93	17:24.76	/	15:13.16	15:45.12	16:03.98	16:33.11	16:44.53		17:02.07	17:02.07	17:30.59	/	/	/	/	/	/	/	/	/	/			
0:40.13	0:36.04	0:34.81	0:32.16	<u>0:30.97</u>	<u>0:28.72</u>	<u>0:28.29</u>	<u>0:27.75</u>	/	/				50m BACKSTROKE	0:29.20	0:29.20	0:30.60	/	/	0:40.38	0:36.01	0:34.07	<u>0:32.25</u>	0:32.63	0:30.15	<u>0:31.01</u>	0:30.38			
0:44.14	0:39.64	0:38.29	0:35.38	0:34.07	0:31.59	0:31.12	/	0:27.21	0:27.76	0:29.05	0:29.20	0:29.20		0:30.60	/	/	0:44.42	0:39.61	0:37.48	0:35.48	0:35.89	0:33.16	0:34.11	/					
1:30.32	1:17.87	1:15.24	1:08.03	<u>1:06.51</u>	<u>1:01.10</u>	<u>0:58.78</u>	<u>1:01.74</u>						100m BACKSTROKE	1:03.17	1:03.71	1:06.92	1:01.70	1:03.86	1:29.05	1:18.48	1:15.87	1:10.55	<u>1:08.72</u>	<u>1:05.12</u>	<u>1:05.64</u>	1:05.64			
1:39.35	1:25.66	1:22.76	1:14.83	1:13.16	1:07.21	1:04.66	/	0:55.14	0:57.07	0:57.34	0:59.65	1:02.66		1:03.17	1:03.71	1:06.92	1:01.70	1:03.86	1:37.96	1:26.33	1:23.46	1:17.61	1:15.59	1:11.63	1:12.20	/			
/	/	/	2:31.02	<u>2:22.37</u>	<u>2:14.06</u>	<u>2:09.29</u>	<u>2:12.29</u>						200m BACKSTROKE	2:17.55	2:17.55	2:22.34	2:12.73	2:17.38	/	/	/	2:30.08	<u>2:26.89</u>	<u>2:23.37</u>	<u>2:24.09</u>	2:24.09			
/	/	/	2:46.12	2:36.61	2:27.47	2:22.22	/	1:59.72	2:03.91	2:05.07	2:08.37	2:14.72		2:17.55	2:17.55	2:22.34	2:12.73	2:17.38	/	/	/	2:45.09	2:41.58	2:37.71	2:38.50	/			
0:43.95	0:41.30	0:37.84	0:35.06	<u>0:33.59</u>	<u>0:30.97</u>	<u>0:29.88</u>	<u>0:30.40</u>	/	/				50m BREASTSTROKE	0:33.27	0:33.64	0:33.74	/	/	0:44.51	0:40.33	0:36.61	0:35.36	<u>0:34.48</u>	<u>0:34.35</u>	<u>0:34.11</u>	0:36.94			
0:48.35	0:45.43	0:41.62	0:38.57	0:36.95	0:34.07	0:32.87	/	0:29.72	0:29.82	0:32.35	0:33.27	0:33.64		0:33.74	/	/	0:48.96	0:44.36	0:40.27	0:38.90	0:37.93	0:37.79	0:37.52	/					
1:39.21	1:31.02	1:24.25	1:16.55	<u>1:12.80</u>	<u>1:08.39</u>	<u>1:06.36</u>	<u>1:06.38</u>						100m BREASTSTROKE	1:10.15	1:11.37	1:14.07	1:09.01	1:11.43	1:35.67	1:25.94	1:19.10	1:18.09	<u>1:14.95</u>	<u>1:15.84</u>	<u>1:13.58</u>	1:19.27			
1:49.13	1:40.12	1:32.68	1:24.21	1:20.08	1:15.23	1:13.00	/	1:01.57	1:03.72	1:04.84	1:06.36	1:10.13		1:10.15	1:11.37	1:14.07	1:09.01	1:11.43	1:45.24	1:34.53	1:27.01	1:25.90	1:22.45	1:23.42	1:20.94	/			
/	/	/	2:47.45	<u>2:36.18</u>	<u>2:28.05</u>	<u>2:24.83</u>	<u>2:23.28</u>						200m BREASTSTROKE	2:31.96	2:34.29	2:36.27	2:28.21	2:33.40	/	/	/	2:50.80	<u>2:43.13</u>	<u>2:41.56</u>	<u>2:39.87</u>	2:39.87			
/	/	/	3:04.19	2:51.80	2:42.86	2:39.31	/	2:13.69	2:18.37	2:21.06	2:24.83	2:32.62		2:31.96	2:34.29	2:36.27	2:28.21	2:33.40	/	/	/	3:07.88	2:59.44	2:57.72	2:55.86	/			
/	/	0:32.04	0:29.48	<u>0:27.38</u>	<u>0:27.06</u>	<u>0:26.28</u>	<u>0:25.60</u>	/	/				50m BUTTERFLY	0:26.73	0:26.73	0:29.05	/	/	0:38.23	0:32.77	0:32.40	0:30.36	<u>0:30.00</u>	<u>0:27.79</u>	<u>0:28.86</u>	0:28.86			
/	/	0:35.24	0:32.43	0:30.12	0:29.77	0:28.91	/	0:25.59	0:26.17	0:26.98	0:26.73	0:26.73		0:29.05	/	/	0:42.05	0:36.05	0:35.64	0:33.40	0:33.00	0:30.57	0:31.75	/					
1:30.62	1:15.22	1:09.25	1:05.04	<u>1:01.69</u>	<u>0:59.23</u>	<u>0:57.51</u>	<u>0:56.65</u>						100m BUTTERFLY	0:58.96	0:58.96	1:02.83	0:59.35	1:01.43	1:27.57	1:12.40	1:11.08	1:07.68	<u>1:05.96</u>	<u>1:01.69</u>	<u>1:02.32</u>	1:02.32			
1:39.68	1:22.74	1:16.18	1:11.54	1:07.86	1:05.15	1:03.26	/	0:52.86	0:54.71	0:55.79	0:56.78	1:00.77		0:58.96	0:58.96	1:02.83	0:59.35	1:01.43	1:36.33	1:19.64	1:18.19	1:14.45	1:12.56	1:07.86	1:08.55	/			
/	/	/	<u>2:24.47</u>	2:26.22	<u>2:09.95</u>	<u>2:05.92</u>	<u>2:10.63</u>						200m BUTTERFLY	2:14.11	2:14.11	2:16.30	2:10.84	2:15.42	/	/	/	2:38.97	<u>2:20.22</u>	<u>2:18.13</u>	<u>2:15.31</u>	2:15.31			
/	/	/	2:38.92	2:40.84	2:22.95	2:18.51	/	1:57.67	2:01.79	2:04.00	2:04.68	2:13.06		2:14.11	2:14.11	2:16.30	2:10.84	2:15.42	/	/	/	2:54.87	2:34.24	2:31.94	2:28.84	/			
/	2:51.80	2:38.84	2:28.54	<u>2:19.15</u>	<u>2:15.42</u>	<u>2:09.88</u>	<u>2:09.80</u>						200m INDIVIDUAL MEDLEY	2:16.86	2:17.48	2:23.42	2:15.27	2:19.97	/	2:47.73	2:39.95	2:34.77	<u>2:29.07</u>	<u>2:25.27</u>	<u>2:19.19</u>	2:43.00			
/	3:08.98	2:54.72	2:43.39	2:33.07	2:28.96	2:22.87	/	2:01.40	2:05.65	2:05.94	2:10.16	2:14.44		2:16.86	2:17.48	2:23.42	2:15.27	2:19.97	/	3:04.50	2:55.95	2:50.25	2:43.98	2:39.80	2:33.11	/			
/	/	/	5:14.75	<u>4:58.29</u>	<u>4:51.97</u>	<u>4:35.61</u>	<u>4:37.04</u>						400m INDIVIDUAL MEDLEY	4:51.87	4:53.90	5:01.40	4:45.08	4:55.06	/	/	/	5:26.32	<u>5:01.40</u>	<u>4:58.06</u>	<u>5:06.27</u>	5:06.27			
/	/	/	5:30.49	5:13.20	5:06.57	4:49.39	/	4:18.40	4:27.44	4:28.95	4:37.25	4:50.00		4:51.87	4:53.90	5:01.40	4:45.08	4:55.06	/	/	/	5:42.64	5:16.47	5:12.96	5:21.58	/			
/	/	/	/	/	3:46.60	3:41.94	/						4x100m FREESTYLE RELAY	3:53.33	3:57.68	4:10.84	/	/	/	/	/	/	/	/	4:06.95	4:05.10	/		
/	/	/	/	/	8:33.85	8:11.84	/	3:26.70	3:34.42	3:50.88	3:26.70	3:34.42		3:50.88	3:53.33	3:57.68	4:10.84	/	/	/	/	/	/	/	/	/			
/	/	/	/	/	/	/	/						4x200m FREESTYLE RELAY	8:26.23	8:26.23	-	/	/	7:35.85	8:04.02	-	8:26.23	8:26.23	-	/	/	8:55.23	8:57.49	/
/	/	/	/	/	4:15.38	4:03.60	/	3:51.16	3:58.77	4:17.47	3:51.16	3:58.77		4:17.47	8:26.23	8:26.23	-	/	/	/	/	/	/	/	/	/			
/	/	/	/	/	/	/	/						4x100m MEDLEY RELAY	4:13.18	4:24.78	4:31.74	/	/	3:51.16	3:58.77	4:17.47	4:13.18	4:24.78	4:31.74	/	/	4:37.16	4:44.46	/
/	/	/	/	/	/	/	/	/	/	/	/	/		4:13.18	4:24.78	4:31.74	/	/	/	/	/	/	/	/	/				