

Updated: 29 Jun 2007

| SWIMMER | PERFORMANCE | CAT | DATE | COMPETITION | AFFILIATE | REMARKS |
|---------|-------------|-----|------|-------------|-----------|---------|
|---------|-------------|-----|------|-------------|-----------|---------|

MEN

50m FREESTYLE

| | | | | | | |
|---------------------------|----------------------|----------------|-------------|--|----------------|---------------------------------------|
| Singapore Open NatRec | Ang, Peng Siong | 0:22.69 | 20 Aug 1982 | | 9,079 days old | |
| Singapore Under-17 NatRec | Su, Shi Rong Jeffrey | 0:24.09 | 29 Apr 2004 | | 1,156 days old | |
| Singapore Under-14 NatRec | Sng, Ju Wei | 0:25.03 | 23 Apr 1994 | | 4,815 days old | |
| 2005 SEAG GOLD | | 0:22.98 | | | THA | 2005 SEA Games - 1st Placing |
| 2005 SEAG SILVER | | 0:23.36 | | | INA | 2005 SEA Games - 2nd Placing |
| 2007 SEAG - CAT A | | 0:23.58 | | | SIN | 2005 SEA Games - 3rd Placing |
| 2007 SEAG - CAT B | | 0:23.82 | | | | 2005 SEA Games - 3rd Placing add 1.0% |

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|----------|----------------------------|----------------|----------|-------------|--|---------|
| 1 | Tay, Zhi Rong Bryan | 0:23.56 | A | 9 Mar 2007 | 2007 Manulife 38th Singapore National Age Group Swimming Championships | APSC |
| 2 | Ong, Kaiyi Russell | 0:23.67 | B | 1 Jun 2007 | 2007 31st South-East Asian Age Group Swimming Championships Singapore | ACE |
| 3 | Ho, Ong Xiang | 0:24.19 | - | 21 Jun 2007 | 2007 3rd Singapore National Swimming Championships | SAC |
| 4 | Teo, Ernest | 0:24.32 | - | 21 Jun 2007 | 2007 3rd Singapore National Swimming Championships | APSC |
| 5 | Check, Kenneth | 0:24.33 | - | 21 Jun 2007 | 2007 3rd Singapore National Swimming Championships | SAC |
| 6 | Tan, Xue-Wei Nicholas | 0:24.51 | - | 21 Jun 2007 | 2007 3rd Singapore National Swimming Championships | SAC/COE |
| 7 | Chng, Li Jie Richard | 0:24.55 | - | 21 Jun 2007 | 2007 3rd Singapore National Swimming Championships | CSC/SSS |
| 8 | Kwok, Leslie | 0:24.64 | - | 21 Jun 2007 | 2007 3rd Singapore National Swimming Championships | SAC |
| 9 | Ho, Ranyan Ryan | 0:24.69 | - | 9 Mar 2007 | 2007 Manulife 38th Singapore National Age Group Swimming Championships | ACE |
| 9 | Chia, T-Jian | 0:24.69 | - | 21 Jun 2007 | 2007 3rd Singapore National Swimming Championships | SAC |

100m FREESTYLE

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|---------------------------|---------------------|----------------|-------------|--|----------------|---------------------------------------|
| Singapore Open NatRec | Ang, Peng Siong | 0:51.09 | 1 Aug 1984 | | 8,367 days old | |
| Singapore Under-17 NatRec | Chay, Jung Jun Mark | 0:52.35 | 9 Dec 1998 | | 3,124 days old | |
| Singapore Under-14 NatRec | Sng, Ju Wei | 0:54.19 | 30 Apr 1994 | | 4,808 days old | |
| 2005 SEAG GOLD | | 0:51.94 | | | INA | 2005 SEA Games - 1st Placing |
| 2005 SEAG SILVER | | 0:52.35 | | | MAS | 2005 SEA Games - 2nd Placing |
| 2007 SEAG - CAT A | | 0:52.38 | | | SIN | 2005 SEA Games - 3rd Placing |
| 2007 SEAG - CAT B | | 0:52.90 | | | | 2005 SEA Games - 3rd Placing add 1.0% |

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|----------|----------------------------|----------------|----------|-------------|--|---------|
| 1 | Tay, Zhi Rong Bryan | 0:51.39 | A | 11 Mar 2007 | 2007 Manulife 38th Singapore National Age Group Swimming Championships | APSC |
| 2 | Ong, Kaiyi Russell | 0:52.22 | A | 19 Jun 2007 | 2007 3rd Singapore National Swimming Championships | ACE |
| 3 | Tan, Xue-Wei Nicholas | 0:52.50 | - | 19 Jun 2007 | 2007 3rd Singapore National Swimming Championships | SAC/COE |
| 4 | Su, Shi Rong Jeffrey | 0:52.60 | - | 19 Jun 2007 | 2007 3rd Singapore National Swimming Championships | SAC |
| 5 | Ong, Wei Shien Zach | 0:53.13 | - | 19 Jun 2007 | 2007 3rd Singapore National Swimming Championships | APSC |
| 6 | Teo, Ernest | 0:53.51 | - | 11 Mar 2007 | 2007 Manulife 38th Singapore National Age Group Swimming Championships | APSC |
| 7 | Lim, Wen Hao Joshua | 0:53.63 | - | 19 Jun 2007 | 2007 3rd Singapore National Swimming Championships | APSC |
| 8 | Thum, Bing Ming | 0:53.69 | - | 19 Jun 2007 | 2007 3rd Singapore National Swimming Championships | SAC |
| 9 | Lim, Jun Xian Joel | 0:53.77 | - | 11 Mar 2007 | 2007 Manulife 38th Singapore National Age Group Swimming Championships | APSC |
| 10 | Chng, Li Jie Richard | 0:53.96 | - | 6 Apr 2007 | 2007 ASEAN Cup | CSC/SSS |

200m FREESTYLE

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|---------------------------|---------------------|----------------|-------------|--|----------------|---------------------------------------|
| Singapore Open NatRec | Chay, Jung Jun Mark | 1:52.22 | 17 Sep 2000 | | 2,476 days old | |
| Singapore Under-17 NatRec | Sng, Ju Wei | 1:53.96 | 25 Apr 1995 | | 4,448 days old | |
| Singapore Under-14 NatRec | Sng, Ju Wei | 1:56.71 | 28 May 1994 | | 4,780 days old | |
| 2005 SEAG GOLD | | 1:52.67 | | | MAS | 2005 SEA Games - 1st Placing |
| 2005 SEAG SILVER | | 1:52.83 | | | PHI | 2005 SEA Games - 2nd Placing |
| 2007 SEAG - CAT A | | 1:54.39 | | | SIN | 2005 SEA Games - 3rd Placing |
| 2007 SEAG - CAT B | | 1:55.53 | | | | 2005 SEA Games - 3rd Placing add 1.0% |

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|----------|-------------------------------|----------------|----------|-------------|--|---------|
| 1 | Tay, Zhi Rong Bryan | 1:53.02 | A | 22 Jun 2007 | 2007 3rd Singapore National Swimming Championships | APSC |
| 2 | Cheah, Ming Zhe Marcus | 1:54.42 | B | 22 Jun 2007 | 2007 3rd Singapore National Swimming Championships | CSC/COE |
| 3 | Lim, Wen Hao Joshua | 1:55.74 | - | 22 Jun 2007 | 2007 3rd Singapore National Swimming Championships | APSC |
| 4 | Thum, Bing Ming | 1:56.54 | - | 22 Jun 2007 | 2007 3rd Singapore National Swimming Championships | SAC |
| 5 | Tan, Xue-Wei Nicholas | 1:56.85 | - | 22 Jun 2007 | 2007 3rd Singapore National Swimming Championships | SAC/COE |
| 6 | Ong, Wei Shien Zach | 1:56.89 | - | 2 Jun 2007 | 2007 31st South-East Asian Age Group Swimming Championships Singapore | APSC |
| 7 | Ong, Kaiyi Russell | 1:57.39 | - | 22 Jun 2007 | 2007 3rd Singapore National Swimming Championships | ACE |
| 8 | Lim, Jun Xian Joel | 1:57.40 | - | 22 Jun 2007 | 2007 3rd Singapore National Swimming Championships | APSC |
| 9 | Sng, Ju Wei | 1:57.55 | - | 11 Mar 2007 | 2007 Manulife 38th Singapore National Age Group Swimming Championships | APSC |
| 10 | Lim, Zhi Cong | 1:58.31 | - | 11 Mar 2007 | 2007 Manulife 38th Singapore National Age Group Swimming Championships | ACE |

400m FREESTYLE

| | | | | | | |
|---------------------------|-----------------------|----------------|-------------|--|----------------|---------------------------------------|
| Singapore Open NatRec | Lee, Jiamn Yow Lionel | 4:00.51 | 1 Dec 2005 | | 575 days old | |
| Singapore Under-17 NatRec | Sng, Ju Wei | 4:03.77 | 6 Sep 1995 | | 4,314 days old | |
| Singapore Under-14 NatRec | Sng, Ju Wei | 4:10.88 | 27 May 1994 | | 4,781 days old | |
| 2005 SEAG GOLD | | 4:00.51 | | | SIN | 2005 SEA Games - 1st Placing |
| 2005 SEAG SILVER | | 4:00.57 | | | INA | 2005 SEA Games - 2nd Placing |
| 2007 SEAG - CAT A | | 4:02.36 | | | THA | 2005 SEA Games - 3rd Placing |
| 2007 SEAG - CAT B | | 4:03.57 | | | | 2005 SEA Games - 3rd Placing add 0.5% |

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|----|------------------------|---------|---|-------------|--|-----------|
| 1 | Cheah, Ming Zhe Marcus | 4:03.75 | - | 20 Jun 2007 | 2007 3rd Singapore National Swimming Championships | CSC/COE |
| 2 | Lim, Zhi Cong | 4:09.10 | - | 25 Mar 2007 | 2007 12th FINA World Swimming Championships | ACE |
| 3 | Ng, Rainer | 4:10.17 | - | 1 Jun 2007 | 2007 31st South-East Asian Age Group Swimming Championships Singapore | SAC/COE |
| 4 | Lim, Wen Hao Joshua | 4:12.73 | - | 20 Jun 2007 | 2007 3rd Singapore National Swimming Championships | APSC |
| 5 | Ong, Xian Da Lucas | 4:16.18 | - | 20 Jun 2007 | 2007 3rd Singapore National Swimming Championships | CSC |
| 6 | Ng, Tze Kang | 4:20.56 | - | 10 Mar 2007 | 2007 Manulife 38th Singapore National Age Group Swimming Championships | SSC |
| 7 | Lim, Wei Xun Kevin | 4:21.50 | - | 20 Jun 2007 | 2007 3rd Singapore National Swimming Championships | CSC |
| 8 | Oh, Yao Zong | 4:22.23 | - | 20 Jun 2007 | 2007 3rd Singapore National Swimming Championships | SICC |
| 9 | Ho, Wei Ming Nicholas | 4:22.27 | - | 20 Jun 2007 | 2007 3rd Singapore National Swimming Championships | SSABR/COE |
| 10 | Yap, Chang Shen Sean | 4:22.61 | - | 7 Apr 2007 | 2007 Asia vs Australia Swim Meet | APSC |

1500m FREESTYLE

| | | | | | | |
|---------------------------|------------------------|-----------------|-------------|--|----------------|---------------------------------------|
| Singapore Open NatRec | Cheah, Ming Zhe Marcus | 16:06.67 | 9 Mar 2006 | | 477 days old | |
| Singapore Under-17 NatRec | Lim, Zhi Cong | 16:33.11 | 5 Aug 2004 | | 1,058 days old | |
| Singapore Under-14 NatRec | Sng, Ju Wei | 16:44.53 | 23 Mar 1994 | | 4,846 days old | |
| 2005 SEAG GOLD | | 15:47.36 | | | PHI | 2005 SEA Games - 1st Placing |
| 2005 SEAG SILVER | | 15:54.55 | | | THA | 2005 SEA Games - 2nd Placing |
| 2007 SEAG - CAT A | | 16:09.88 | | | PHI | 2005 SEA Games - 3rd Placing |
| 2007 SEAG - CAT B | | 16:14.73 | | | | 2005 SEA Games - 3rd Placing add 0.5% |

| | | | | | | |
|----|-------------------------|----------|---|-------------|--|-----------|
| 1 | Lim, Zhi Cong | 16:22.82 | - | 8 Mar 2007 | 2007 Manulife 38th Singapore National Age Group Swimming Championships | ACE |
| 2 | Cheah, Ming Zhe Marcus | 16:34.36 | - | 21 Jun 2007 | 2007 3rd Singapore National Swimming Championships | CSC/COE |
| 3 | Ng, Rainer | 16:40.73 | - | 3 Jun 2007 | 2007 31st South-East Asian Age Group Swimming Championships Singapore | SAC/COE |
| 4 | Ong, Xian Da Lucas | 16:47.49 | - | 21 Jun 2007 | 2007 3rd Singapore National Swimming Championships | CSC |
| 5 | Ng, Tze Kang | 17:04.72 | - | 8 Mar 2007 | 2007 Manulife 38th Singapore National Age Group Swimming Championships | SSC |
| 6 | Sim, Nicholas | 17:17.26 | - | 8 Mar 2007 | 2007 Manulife 38th Singapore National Age Group Swimming Championships | SAC |
| 7 | Ho, Wei Ming Nicholas | 17:33.70 | - | 8 Mar 2007 | 2007 Manulife 38th Singapore National Age Group Swimming Championships | SSABR/COE |
| 8 | Tay, Aik Wen | 17:37.75 | - | 3 Jun 2007 | 2007 31st South-East Asian Age Group Swimming Championships Singapore | APSC |
| 9 | Yap, Chang Shen Sean | 17:38.19 | - | 8 Mar 2007 | 2007 Manulife 38th Singapore National Age Group Swimming Championships | APSC |
| 10 | Kamal, Dzuhail bin Mohd | 17:50.04 | - | 8 Mar 2007 | 2007 Manulife 38th Singapore National Age Group Swimming Championships | SSABR/SSS |

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| SWIMMER | PERFORMANCE | CAT | DATE | COMPETITION | AFFILIATE | REMARKS |
|---------------------------|------------------------|---------|-------------|-------------|--|--|
| 100m BACKSTROKE | | | | | | |
| Singapore Open NatRec | Lim, Fong Jock David | 0:57.34 | 29 Sep 1988 | | 6,847 days old | |
| Singapore Under-17 NatRec | Ong, Wei Shien Zach | 0:59.65 | 20 Jun 2007 | | 9 days old | |
| Singapore Under-14 NatRec | Ng, Rainer | 1:02.66 | 19 Mar 2006 | | 467 days old | |
| 2005 SEAG GOLD | | 0:56.97 | | | MAS | 2005 SEA Games - 1st Placing |
| 2005 SEAG SILVER | | 0:58.49 | | | SIN | 2005 SEA Games - 2nd Placing |
| 2007 SEAG - CAT A | | 0:58.76 | | | THA | 2005 SEA Games - 3rd Placing |
| 2007 SEAG - CAT B | | 0:59.35 | | | | 2005 SEA Games - 3rd Placing add 1.0% |
| 1 | Ong, Wei Shien Zach | 0:59.65 | - | 20 Jun 2007 | 2007 3rd Singapore National Swimming Championships | APSC New Singapore Under-17 National Record! |
| 2 | Ng, Rainer | 1:00.16 | - | 20 Jun 2007 | 2007 3rd Singapore National Swimming Championships | SAC/COE |
| 3 | Lim, Zhi Cong | 1:00.17 | - | 20 Jun 2007 | 2007 3rd Singapore National Swimming Championships | ACE |
| 4 | Chng, Li Jie Richard | 1:00.39 | - | 20 Jun 2007 | 2007 3rd Singapore National Swimming Championships | CSC/SSS |
| 5 | Chay, Jung Jun Mark | 1:00.61 | - | 25 May 2007 | 2007 Cactus Classic | -overseas- |
| 6 | Chew, Nicholas | 1:00.99 | - | 20 Jun 2007 | 2007 3rd Singapore National Swimming Championships | SAC |
| 7 | Zhang, Zhiyi Philbert | 1:02.82 | - | 10 Mar 2007 | 2007 Manulife 38th Singapore National Age Group Swimming Championships | ACE |
| 8 | Chong, Yan Sheng Mark | 1:03.42 | - | 10 Mar 2007 | 2007 Manulife 38th Singapore National Age Group Swimming Championships | ACE |
| 9 | Cheah, Ming Zhe Marcus | 1:03.65 | - | 20 Jun 2007 | 2007 3rd Singapore National Swimming Championships | CSC/COE |
| 10 | Cheok, Kenneth | 1:03.91 | - | 10 Mar 2007 | 2007 Manulife 38th Singapore National Age Group Swimming Championships | SAC |

200m BACKSTROKE

| | | | | | | |
|---------------------------|------------------------|---------|-------------|-------------|--|--|
| Singapore Open NatRec | Tan, Lee Yu Gary | 2:05.07 | 18 Jun 2001 | | 2,202 days old | |
| Singapore Under-17 NatRec | Ong, Wei Shien Zach | 2:08.37 | 18 Jun 2007 | | 11 days old | |
| Singapore Under-14 NatRec | Koh, Mun Yew Gerald | 2:14.72 | 17 Mar 1992 | | 5,582 days old | |
| 2005 SEAG GOLD | | 2:03.48 | | | MAS | 2005 SEA Games - 1st Placing |
| 2005 SEAG SILVER | | 2:07.26 | | | SIN | 2005 SEA Games - 2nd Placing |
| 2007 SEAG - CAT A | | 2:08.50 | | | SIN | 2005 SEA Games - 3rd Placing |
| 2007 SEAG - CAT B | | 2:09.79 | | | | 2005 SEA Games - 3rd Placing add 1.0% |
| 1 | Ong, Wei Shien Zach | 2:08.37 | A | 18 Jun 2007 | 2007 3rd Singapore National Swimming Championships | APSC New Singapore Under-17 National Record! |
| 2 | Cheah, Ming Zhe Marcus | 2:08.97 | B | 18 Jun 2007 | 2007 3rd Singapore National Swimming Championships | CSC/COE |
| 3 | Lim, Zhi Cong | 2:09.92 | - | 18 Jun 2007 | 2007 3rd Singapore National Swimming Championships | ACE |
| 4 | Ng, Rainer | 2:10.94 | - | 18 Jun 2007 | 2007 3rd Singapore National Swimming Championships | SAC/COE |
| 5 | Chew, Nicholas | 2:11.84 | - | 6 Apr 2007 | 2007 ASEAN Cup | SAC |
| 6 | Chng, Li Jie Richard | 2:15.48 | - | 11 Mar 2007 | 2007 Manulife 38th Singapore National Age Group Swimming Championships | CSC/SSS |
| 7 | Lim, Wen Hao Joshua | 2:16.01 | - | 29 Mar 2007 | 2007 12th FINA World Swimming Championships | APSC |
| 8 | Chong, Yan Sheng Mark | 2:16.62 | - | 2 Jun 2007 | 2007 31st South-East Asian Age Group Swimming Championships Singapore | ACE |
| 9 | Tay, You Wei Adriel | 2:21.14 | - | 6 Apr 2007 | 2007 ASEAN Cup | SAC |
| 10 | Ong, Yu Xiang Benjamin | 2:22.62 | - | 11 Mar 2007 | 2007 Manulife 38th Singapore National Age Group Swimming Championships | ACE |

100m BREASTSTROKE

| | | | | | | |
|---------------------------|------------------------|---------|-------------|-------------|--|---------------------------------------|
| Singapore Open NatRec | Goh, Toh Chuan Kenneth | 1:04.84 | 22 Jun 1998 | | 3,294 days old | |
| Singapore Under-17 NatRec | Liew, Yao Xiang Daniel | 1:06.36 | 4 Mar 1997 | | 3,769 days old | |
| Singapore Under-14 NatRec | Foo, Thye Soon Desmond | 1:10.13 | 31 May 1997 | | 3,681 days old | |
| 2005 SEAG GOLD | | 1:03.80 | | | VIE | 2005 SEA Games - 1st Placing |
| 2005 SEAG SILVER | | 1:04.01 | | | THA | 2005 SEA Games - 2nd Placing |
| 2007 SEAG - CAT A | | 1:04.35 | | | PHI | 2005 SEA Games - 3rd Placing |
| 2007 SEAG - CAT B | | 1:04.99 | | | | 2005 SEA Games - 3rd Placing add 1.0% |
| 1 | Tan, Jin Leonard | 1:05.88 | - | 19 Jun 2007 | 2007 3rd Singapore National Swimming Championships | CSC/COE |
| 2 | Tan, Jin Wen Mark | 1:06.20 | - | 19 Jun 2007 | 2007 3rd Singapore National Swimming Championships | CSC |
| 3 | Lam, Wei-Xiong Parker | 1:07.19 | - | 19 Jun 2007 | 2007 3rd Singapore National Swimming Championships | ACE |
| 4 | Ng, Kee Guan Benjamin | 1:07.23 | - | 11 Mar 2007 | 2007 Manulife 38th Singapore National Age Group Swimming Championships | ACE |
| 5 | Ng, Jia Hao | 1:07.29 | - | 6 Apr 2007 | 2007 ASEAN Cup | SAC |
| 6 | Tan, Jin Yang Joel | 1:08.68 | - | 11 Mar 2007 | 2007 Manulife 38th Singapore National Age Group Swimming Championships | SAC |
| 7 | Pang, Sheng Jun | 1:09.06 | - | 11 Mar 2007 | 2007 Manulife 38th Singapore National Age Group Swimming Championships | ACE/SSS |
| 8 | Peh, Jieren Austin | 1:09.47 | - | 11 Mar 2007 | 2007 Manulife 38th Singapore National Age Group Swimming Championships | SICC |
| 9 | Lim, Duan Le Kenneth | 1:09.47 | - | 6 Apr 2007 | 2007 ASEAN Cup | SICC |
| 10 | Yeo, Wei Hao Benedict | 1:09.57 | - | 19 Jun 2007 | 2007 3rd Singapore National Swimming Championships | ACE |

200m BREASTSTROKE

| | | | | | | |
|---------------------------|------------------------|---------|-------------|-------------|--|---|
| Singapore Open NatRec | Tan, Jin Wen Mark | 2:21.06 | 21 Jun 2007 | | 8 days old | |
| Singapore Under-17 NatRec | Liew, Yao Xiang Daniel | 2:24.83 | 8 Mar 1997 | | 3,765 days old | |
| Singapore Under-14 NatRec | Lim, Duan Le Kenneth | 2:33.33 | 22 Jun 2006 | | 372 days old | |
| 2005 SEAG GOLD | | 2:19.68 | | | PHI | 2005 SEA Games - 1st Placing |
| 2005 SEAG SILVER | | 2:17.56 | | | THA | 2005 SEA Games - 2nd Placing |
| 2007 SEAG - CAT A | | 2:21.92 | | | INA | 2005 SEA Games - 3rd Placing |
| 2007 SEAG - CAT B | | 2:23.34 | | | | 2005 SEA Games - 3rd Placing add 1.0% |
| 1 | Tan, Jin Wen Mark | 2:21.06 | A | 21 Jun 2007 | 2007 3rd Singapore National Swimming Championships | CSC New Singapore Open National Record! |
| 2 | Tan, Jin Leonard | 2:22.94 | B | 21 Jun 2007 | 2007 3rd Singapore National Swimming Championships | CSC/COE |
| 3 | Pang, Sheng Jun | 2:28.05 | - | 11 Mar 2007 | 2007 Manulife 38th Singapore National Age Group Swimming Championships | ACE/SSS |
| 4 | Yeo, Wei Hao Benedict | 2:28.49 | - | 21 Jun 2007 | 2007 3rd Singapore National Swimming Championships | ACE |
| 5 | Ng, Jia Hao | 2:29.40 | - | 21 Jun 2007 | 2007 3rd Singapore National Swimming Championships | SAC |
| 6 | Tan, Jin Yang Joel | 2:30.41 | - | 21 Jun 2007 | 2007 3rd Singapore National Swimming Championships | SAC |
| 7 | Lim, Zhi Cong | 2:30.63 | - | 11 Mar 2007 | 2007 Manulife 38th Singapore National Age Group Swimming Championships | ACE |
| 8 | Lim, Duan Le Kenneth | 2:31.74 | - | 21 Jun 2007 | 2007 3rd Singapore National Swimming Championships | SICC |
| 9 | Ng, Kee Guan Benjamin | 2:32.02 | - | 7 Apr 2007 | 2007 Asia vs Australia Swim Meet | ACE |
| 10 | Lam, Wei-Xiong Parker | 2:33.51 | - | 3 Jun 2007 | 2007 31st South-East Asian Age Group Swimming Championships Singapore | ACE |

100m BUTTERFLY

| | | | | | | |
|---------------------------|------------------------|---------|-------------|-------------|--|---------------------------------------|
| Singapore Open NatRec | Ang, Peng Siang | 0:56.00 | 23 Aug 1983 | | 6,519 days old | |
| Singapore Under-17 NatRec | Su, Shi Rong Jeffrey | 0:56.78 | 28 Apr 2004 | | 1,157 days old | |
| Singapore Under-14 NatRec | Chua, Eng Ann Jonathan | 1:00.77 | 31 Mar 1995 | | 4,473 days old | |
| 2005 SEAG GOLD | | 0:55.84 | | | MAS | 2005 SEA Games - 1st Placing |
| 2005 SEAG SILVER | | 0:56.17 | | | INA | 2005 SEA Games - 2nd Placing |
| 2007 SEAG - CAT A | | 0:56.26 | | | MAS | 2005 SEA Games - 3rd Placing |
| 2007 SEAG - CAT B | | 0:56.82 | | | | 2005 SEA Games - 3rd Placing add 1.0% |
| 1 | Su, Shi Rong Jeffrey | 0:56.44 | B | 20 Jun 2007 | 2007 3rd Singapore National Swimming Championships | SAC |
| 2 | Tan, Xue-Wei Nicholas | 0:56.64 | B | 20 Jun 2007 | 2007 3rd Singapore National Swimming Championships | SAC/COE |
| 3 | Tay, Zhi Rong Bryan | 0:56.65 | B | 10 Mar 2007 | 2007 Manulife 38th Singapore National Age Group Swimming Championships | APSC |
| 4 | Lim, Chen Siang Nigel | 0:57.45 | - | 1 Jun 2007 | 2007 31st South-East Asian Age Group Swimming Championships Singapore | APSC |
| 5 | Ng, Tze Kang | 0:57.86 | - | 20 Jun 2007 | 2007 3rd Singapore National Swimming Championships | SSC |
| 6 | Ong, Kaiyi Russell | 0:58.37 | - | 10 Mar 2007 | 2007 Manulife 38th Singapore National Age Group Swimming Championships | ACE |
| 7 | Lee, Marcus Josef | 0:58.46 | - | 10 Mar 2007 | 2007 Manulife 38th Singapore National Age Group Swimming Championships | ACE/COE |
| 8 | Sim, Nicholas | 0:59.51 | - | 1 Jun 2007 | 2007 31st South-East Asian Age Group Swimming Championships Singapore | SAC |
| 9 | Lim, Wen Hao Joshua | 1:00.20 | - | 10 Mar 2007 | 2007 Manulife 38th Singapore National Age Group Swimming Championships | APSC |
| 10 | Tay, Daniel | 1:00.33 | - | 20 Jun 2007 | 2007 3rd Singapore National Swimming Championships | SICC |

200m BUTTERFLY

| | | | | | | |
|---------------------------|-----------------------|---------|-------------|-------------|--|---------------------------------------|
| Singapore Open NatRec | Tan, Lee Yu Gary | 2:04.00 | 24 Jun 2005 | | 735 days old | |
| Singapore Under-17 NatRec | Thum, Ping Tjin | 2:05.48 | 12 Apr 1996 | | 4,095 days old | |
| Singapore Under-14 NatRec | Tan, V-Meng | 2:13.66 | 15 Sep 1987 | | 7,227 days old | |
| 2005 SEAG GOLD | | 2:02.45 | | | INA | 2005 SEA Games - 1st Placing |
| 2005 SEAG SILVER | | 2:03.23 | | | PHI | 2005 SEA Games - 2nd Placing |
| 2007 SEAG - CAT A | | 2:04.82 | | | SIN | 2005 SEA Games - 3rd Placing |
| 2007 SEAG - CAT B | | 2:06.07 | | | | 2005 SEA Games - 3rd Placing add 1.0% |
| 1 | Ng, Tze Kang | 2:05.29 | B | 22 Jun 2007 | 2007 3rd Singapore National Swimming Championships | SSC |
| 2 | Lim, Chen Siang Nigel | 2:05.59 | B | 22 Jun 2007 | 2007 3rd Singapore National Swimming Championships | APSC |
| 3 | Tan, Xue-Wei Nicholas | 2:06.74 | - | 27 Mar 2007 | 2007 12th FINA World Swimming Championships | SAC/COE |
| 4 | Ng, Rainer | 2:10.34 | - | 3 Jun 2007 | 2007 31st South-East Asian Age Group Swimming Championships Singapore | SAC/COE |
| 5 | Sim, Nicholas | 2:13.04 | - | 11 Mar 2007 | 2007 Manulife 38th Singapore National Age Group Swimming Championships | SAC |
| 6 | Lim, Zhi Cong | 2:14.76 | - | 11 Mar 2007 | 2007 Manulife 38th Singapore National Age Group Swimming Championships | ACE |
| 7 | Yeo, Jia Chen | 2:15.88 | - | 22 Jun 2007 | 2007 3rd Singapore National Swimming Championships | SSABR |
| 8 | Tay, Jing Han Daniel | 2:16.22 | - | 3 Jun 2007 | 2007 31st South-East Asian Age Group Swimming Championships Singapore | SICC |
| 9 | Schooling, Joseph | 2:17.64 | - | 3 Jun 2007 | 2007 31st South-East Asian Age Group Swimming Championships Singapore | SICC |
| 10 | Ong, Xian Da Lucas | 2:17.83 | - | 6 Apr 2007 | 2007 ASEAN Cup | CSC |


Updated: 29 Jun 2007

| SWIMMER | PERFORMANCE | CAT | DATE | COMPETITION | AFFILIATE | REMARKS |
|---|----------------------------|----------------|-------------|-------------|--|---------------------------------------|
| 200m INDIVIDUAL MEDLEY | | | | | | |
| Singapore Open NatRec | Tan, Lee Yu Gary | 2:05.94 | 7 Dec 2003 | | 1,300 days old | |
| Singapore Under-17 NatRec | Lim, Zhi Cong | 2:10.16 | 27 Apr 2004 | | 1,158 days old | |
| Singapore Under-14 NatRec | Chong, Yan Sheng Mark | 2:16.09 | 11 Jul 2006 | | 353 days old | |
| 2005 SEAG GOLD | | 2:03.80 | | | PHI | 2005 SEA Games - 1st Placing |
| 2005 SEAG SILVER | | 2:07.12 | | | THA | 2005 SEA Games - 2nd Placing |
| 2007 SEAG - CAT A | | 2:08.01 | | | SIN | 2005 SEA Games - 3rd Placing |
| 2007 SEAG - CAT B | | 2:09.29 | | | | 2005 SEA Games - 3rd Placing add 1.0% |
|  SINGAPORE | 1 Lim, Zhi Cong | 2:08.55 | B | 19 Jun 2007 | 2007 3rd Singapore National Swimming Championships | ACE |
| | 2 Pang, Sheng Jun | 2:12.23 | - | 1 Jun 2007 | 2007 31st South-East Asian Age Group Swimming Championships Singapore | ACE/SSS |
| | 3 Thum, Bing Ming | 2:12.62 | - | 28 Mar 2007 | 2007 12th FINA World Swimming Championships | SAC |
| | 4 Kheng, Wen Ming Benjamin | 2:13.94 | - | 10 Mar 2007 | 2007 Manulife 38th Singapore National Age Group Swimming Championships | SAC/SSS |
| | 5 Chong, Yan Sheng Mark | 2:16.89 | - | 10 Mar 2007 | 2007 Manulife 38th Singapore National Age Group Swimming Championships | ACE |
| | 6 Ho, Wei Ming Nicholas | 2:18.03 | - | 1 Jun 2007 | 2007 31st South-East Asian Age Group Swimming Championships Singapore | SSABR/COE |
| | 7 Sim, Nicholas | 2:18.08 | - | 10 Mar 2007 | 2007 Manulife 38th Singapore National Age Group Swimming Championships | SAC |
| | 8 Lim, Yong En Clement | 2:19.75 | - | 10 Mar 2007 | 2007 Manulife 38th Singapore National Age Group Swimming Championships | ESC |
| | 9 Yap, Chang Shen Sean | 2:20.06 | - | 7 Apr 2007 | 2007 Asia vs Australia Swim Meet | APSC |
| | 10 Tan, Wei Jie Joel | 2:20.09 | - | 10 Mar 2007 | 2007 Manulife 38th Singapore National Age Group Swimming Championships | ACE |

400m INDIVIDUAL MEDLEY

| | | | | | | |
|---|----------------------------|----------------|-------------|-------------|--|---------------------------------------|
| Singapore Open NatRec | Koh, Mun Kit Desmond | 4:28.95 | 27 Jul 1992 | | 5,450 days old | |
| Singapore Under-17 NatRec | Koh, Mun Kit Desmond | 4:37.25 | 23 Aug 1989 | | 6,519 days old | |
| Singapore Under-14 NatRec | Koh, Mun Yew Gerald | 4:50.00 | 18 Apr 1992 | | 5,550 days old | |
| 2005 SEAG GOLD | | 4:26.21 | | | PHI | 2005 SEA Games - 1st Placing |
| 2005 SEAG SILVER | | 4:27.90 | | | INA | 2005 SEA Games - 2nd Placing |
| 2007 SEAG - CAT A | | 4:32.58 | | | SIN | 2005 SEA Games - 3rd Placing |
| 2007 SEAG - CAT B | | 4:33.94 | | | | 2005 SEA Games - 3rd Placing add 0.5% |
|  SINGAPORE | 1 Lim, Zhi Cong | 4:37.04 | - | 9 Mar 2007 | 2007 Manulife 38th Singapore National Age Group Swimming Championships | ACE |
| | 2 Pang, Sheng Jun | 4:42.94 | - | 18 Jun 2007 | 2007 3rd Singapore National Swimming Championships | ACE/SSS |
| | 3 Kheng, Wen Ming Benjamin | 4:48.06 | - | 9 Mar 2007 | 2007 Manulife 38th Singapore National Age Group Swimming Championships | SAC/SSS |
| | 4 Ng, Tze Kang | 4:48.71 | - | 2 Jun 2007 | 2007 31st South-East Asian Age Group Swimming Championships Singapore | SSC |
| | 5 Ong, Xian Da Lucas | 4:53.35 | - | 18 Jun 2007 | 2007 3rd Singapore National Swimming Championships | CSC |
| | 6 Chong, Yan Sheng Mark | 4:54.83 | - | 2 Jun 2007 | 2007 31st South-East Asian Age Group Swimming Championships Singapore | SSC |
| | 7 Sim, Nicholas | 4:55.75 | - | 18 Jun 2007 | 2007 3rd Singapore National Swimming Championships | SAC |
| | 8 Lim, Clement | 4:57.42 | - | 18 Jun 2007 | 2007 3rd Singapore National Swimming Championships | ESC |
| | 9 Lim, Duan Le Kenneth | 4:57.54 | - | 6 Apr 2007 | 2007 ASEAN Cup | ACE |
| | 10 Ho, Wei Ming Nicholas | 4:58.23 | - | 2 Jun 2007 | 2007 31st South-East Asian Age Group Swimming Championships Singapore | SSABR/COE |

4x100m FREESTYLE RELAY

| | | | | | | |
|---|--|----------------|-------------|--|----------------|--|
| Singapore Open NatRec | Teo, Quee Lim Ernest Chay, Jung Jun Mark Tan, Lee Yu Gary Sng, Ju Wei | 3:27.48 | 11 Sep 2001 | | 2,117 days old | |
| Singapore Under-17 NatRec | Tay, Zhi Rong Bryan Ho, Ranjan Ryan Ong, Kaiyi Russell Lim, Wen Hao Joshua | 3:34.42 | 8 Apr 2005 | | 812 days old | |
| Singapore Under-14 NatRec | Su, Shi Rong Jeffrey Teo, Wei Xian Nicholas Tay, Zhi Rong Bryan Thum, Bing Ming | 3:50.88 | 29 Mar 2001 | | 2,283 days old | |
| 2005 SEAG GOLD | | 3:27.56 | | | SIN | 2005 SEA Games - 1st Placing |
| 2005 SEAG SILVER | | 3:29.46 | | | INA | 2005 SEA Games - 2nd Placing |
| 2007 SEAG - QUAL TEAM | | 3:31.12 | | | THA | 2005 SEA Games - 3rd Placing |
|  SINGAPORE | 1 Tay, Zhi Rong Bryan | 0:51.39 | A | | | Combined best swims in Qualifying Window |
| | 2 Ong, Kaiyi Russell | 0:52.22 | A | | APSC | |
| | 3 Tan, Xue-Wei Nicholas | 0:52.60 | A | | ACE | |
| | 4 Su, Shi Rong Jeffrey | 0:52.60 | A | | SAC/COE | |

4x200m FREESTYLE RELAY

| | | | | | | |
|---|--|----------------|-------------|--|----------------|--|
| Singapore Open NatRec | Sng, Ju Wei Chay, Jung Jun Mark Kuek, Wei Ern Fergus Tan, Lee Yu Gary | 7:38.82 | 9 Sep 2001 | | 2,119 days old | |
| Singapore Under-17 NatRec | Tan, Wei Jie Joel Kheng, Benjamin Ong, Zach Tan, Nicholas | 8:04.02 | 21 Aug 2005 | | 677 days old | |
| Singapore Under-14 NatRec | | | | | | |
| 2005 SEAG GOLD | | 7:35.85 | | | SIN | 2005 SEA Games - 1st Placing |
| 2005 SEAG SILVER | | 7:42.22 | | | THA | 2005 SEA Games - 2nd Placing |
| 2007 SEAG - QUAL TEAM | | 7:43.56 | | | INA | 2005 SEA Games - 3rd Placing |
|  SINGAPORE | 1 Tay, Zhi Rong Bryan | 1:53.02 | A | | | Combined best swims in Qualifying Window |
| | 2 Cheah, Ming Zhe Marcus | 1:54.42 | A | | APSC | |
| | 3 Lim, Wen Hao Joshua | 1:55.74 | A | | CSC/COE | |
| | 4 Thum, Bing Ming | 1:56.54 | A | | APSC | |

4x100m MEDLEY RELAY

| | | | | | | |
|---|---|----------------|-------------|--|----------------|--|
| Singapore Open NatRec | Chay, Jung Jun Mark Gan, Wei Ming Benjamin Tan, Lee Yu Gary Liew, Yao Xiang Daniel | 3:51.16 | 13 Sep 2001 | | 2,115 days old | |
| Singapore Under-17 NatRec | Tan, Lee Yu Gary Liew, Yao Xiang Daniel Chua, Eng Ann Jonathan Chay, Jung Jun Mark | 3:58.77 | 4 Apr 1998 | | 3,373 days old | |
| Singapore Under-14 NatRec | Gao, Shen Ng, Kee Guan Benjamin Lee, Yu Shawn Tay, Zhi Rong Bryan | 4:17.47 | 20 Feb 2002 | | 1,955 days old | |
| 2005 SEAG GOLD | | 3:51.51 | | | INA | 2005 SEA Games - 1st Placing |
| 2005 SEAG SILVER | | 3:52.16 | | | THA | 2005 SEA Games - 2nd Placing |
| 2007 SEAG - QUAL TEAM | | 3:52.35 | | | PHI | 2005 SEA Games - 3rd Placing |
|  SINGAPORE | 1 BK Ong, Wei Shien Zach | 0:59.65 | - | | | Combined best swims in Qualifying Window |
| | BR Tan, Jin Leonard | 1:05.88 | - | | APSC | |
| | FL Su, Shi Rong Jeffrey | 0:56.44 | - | | CSC/COE | |
| | FR Tay, Zhi Rong Bryan | 0:51.39 | - | | SAC | |

This list serves as an indicative tabulation of the performances returned during the stipulated Target Meet Qualifying Window. The Singapore Swimming Association shall have the sole and unfettered discretion on the final recommended list of candidates to the Singapore National Olympic Council for eventual selection.

Updated: 29 Jun 2007

SWIMMER

PERFORMANCE CAT

DATE

COMPETITION

AFFILIATE

REMARKS

WOMEN

50m FREESTYLE

| | | | | | | |
|---------------------------|-----------------------|---------|--|-------------|-----|---------------------------------------|
| Singapore Open NatRec | Yeo, Wei Ling Jocelyn | 0:26.13 | | 3 Dec 2005 | | 573 days old |
| Singapore Under-17 NatRec | Ho, Shu Yong | 0:26.61 | | 3 Dec 2005 | | 573 days old |
| Singapore Under-14 NatRec | Yeo, Wei Ling Jocelyn | 0:26.89 | | 11 Apr 1993 | | 5,192 days old |
| 2005 SEAG GOLD | | 0:26.13 | | | SIN | 2005 SEA Games - 1st Placing |
| 2005 SEAG SILVER | | 0:26.61 | | | SIN | 2005 SEA Games - 2nd Placing |
| 2007 SEAG - CAT A | | 0:26.66 | | | MYA | 2005 SEA Games - 3rd Placing |
| 2007 SEAG - CAT B | | 0:26.93 | | | | 2005 SEA Games - 3rd Placing add 1.0% |

| | | | | | | |
|--|------------------------|----------------|----------|-------------|--|------------|
|  | 1 Tao, Li | 0:26.66 | A | 22 Jun 2007 | 2007 3rd Singapore National Swimming Championships | APSC/SSS |
| | 2 Ho, RuYu Ruth | 0:27.04 | - | 1 Jun 2007 | 2007 31st South-East Asian Age Group Swimming Championships Singapore | ACE |
| | 3 Ng, Lynette | 0:27.06 | - | 22 Jun 2007 | 2007 3rd Singapore National Swimming Championships | SAC/COE |
| | 4 Pang, Si Jia | 0:27.23 | - | 9 Mar 2007 | 2007 Manulife 38th Singapore National Age Group Swimming Championships | ACE/SSS |
| | 5 Ho, Shu Yong | 0:27.38 | - | 22 Jun 2007 | 2007 3rd Singapore National Swimming Championships | SAC |
| | 6 Ong, Chui Bin Mylene | 0:27.43 | - | 22 Jun 2007 | 2007 3rd Singapore National Swimming Championships | CSC/SSS |
| | 7 Tan, Yvonne | 0:27.66 | - | 2 Jun 2007 | 2007 31st South-East Asian Age Group Swimming Championships Singapore | SAC |
| | 8 Ho, Ru En Roanne | 0:27.94 | - | 22 Jun 2007 | 2007 3rd Singapore National Swimming Championships | ACE |
| | 9 Lee, Dan Dan | 0:28.11 | - | 22 Jun 2007 | 2007 3rd Singapore National Swimming Championships | ACE/SSS |
| | 10 Lim, Shu-En Lynette | 0:28.27 | - | 27 May 2007 | 2007 Speedo Grand Challenge | -overseas- |

100m FREESTYLE

| | | | | | | |
|---------------------------|---------------------------|---------|--|-------------|-----|---------------------------------------|
| Singapore Open NatRec | Yeo, Wei Ling Jocelyn | 0:56.05 | | 8 Aug 1999 | | 2,882 days old |
| Singapore Under-17 NatRec | Yeo, Wei Ling Jocelyn | 0:57.27 | | 13 Dec 1995 | | 4,216 days old |
| Singapore Under-14 NatRec | Bouvron, Mei-Yen Christel | 0:58.62 | | 23 Jun 1997 | | 3,658 days old |
| 2005 SEAG GOLD | | 0:56.41 | | | SIN | 2005 SEA Games - 1st Placing |
| 2005 SEAG SILVER | | 0:57.74 | | | THA | 2005 SEA Games - 2nd Placing |
| 2007 SEAG - CAT A | | 0:58.05 | | | MYA | 2005 SEA Games - 3rd Placing |
| 2007 SEAG - CAT B | | 0:58.63 | | | | 2005 SEA Games - 3rd Placing add 1.0% |

| | | | | | | |
|--|-------------------------------|----------------|----------|-------------|--|-------------------|
|  | 1 Quah, Ting Wen | 0:58.32 | B | 18 Jun 2007 | 2007 3rd Singapore National Swimming Championships | SSABR/COE |
|  | 2 Tao, Li | 0:58.44 | B | 18 Jun 2007 | 2007 3rd Singapore National Swimming Championships | APSC/SSS |
| | 3 Ong, Chui Bin Mylene | 0:58.47 | B | 18 Jun 2007 | 2007 3rd Singapore National Swimming Championships | CSC/SSS |
| | 4 Ho, RuYu Ruth | 0:58.74 | - | 11 Mar 2007 | 2007 Manulife 38th Singapore National Age Group Swimming Championships | ACE Relay 1st leg |
| | 5 Ng, Lynette | 0:58.93 | - | 18 Jun 2007 | 2007 Manulife 38th Singapore National Age Group Swimming Championships | SAC/COE |
| | 6 Ho, Shu Yong | 0:59.32 | - | 11 Mar 2007 | 2007 Manulife 38th Singapore National Age Group Swimming Championships | SAC |
| | 7 Lim, Shu-En Lynette | 0:59.64 | - | 27 May 2007 | 2007 Speedo Grand Challenge | -overseas- |
| | 8 Pang, Si Jia | 0:59.65 | - | 18 Jun 2007 | 2007 3rd Singapore National Swimming Championships | ACE/SSS |
| | 9 Lim, Xiang Qi Amanda | 0:59.92 | - | 18 Jun 2007 | 2007 3rd Singapore National Swimming Championships | SAC/SSS |
| | 10 Tan, Yvonne | 1:00.39 | - | 3 Jun 2007 | 2007 31st South-East Asian Age Group Swimming Championships Singapore | SAC |

200m FREESTYLE

| | | | | | | |
|---------------------------|---------------------------|---------|--|-------------|-----|---------------------------------------|
| Singapore Open NatRec | Yeo, Wei Ling Jocelyn | 2:03.34 | | 17 Jul 1999 | | 2,904 days old |
| Singapore Under-17 NatRec | Yeo, Wei Ling Jocelyn | 2:04.01 | | 14 Dec 1995 | | 4,215 days old |
| Singapore Under-14 NatRec | Bouvron, Mei-Yen Christel | 2:06.40 | | 13 Sep 1998 | | 3,211 days old |
| 2005 SEAG GOLD | | 2:04.38 | | | THA | 2005 SEA Games - 1st Placing |
| 2005 SEAG SILVER | | 2:04.76 | | | PHI | 2005 SEA Games - 2nd Placing |
| 2007 SEAG - CAT A | | 2:05.43 | | | MYA | 2005 SEA Games - 3rd Placing |
| 2007 SEAG - CAT B | | 2:06.68 | | | | 2005 SEA Games - 3rd Placing add 1.0% |

| | | | | | | |
|--|-------------------------------|----------------|----------|-------------|--|-------------------|
|  | 1 Quah, Ting Wen | 2:05.31 | A | 21 Jun 2007 | 2007 3rd Singapore National Swimming Championships | SSABR/COE |
|  | 2 Ong, Chui Bin Mylene | 2:05.41 | A | 21 Jun 2007 | 2007 3rd Singapore National Swimming Championships | CSC/SSS |
| | 3 Lim, Shu-En Lynette | 2:05.64 | B | 16 Jun 2007 | 2007 TYR Swim Meet of Champions | -overseas- |
| | 4 Lim, Xiang Qi Amanda | 2:07.73 | - | 11 Mar 2007 | 2007 Manulife 38th Singapore National Age Group Swimming Championships | SAC Relay 1st leg |
| | 5 Fung, Shu Fen Christel | 2:08.73 | - | 21 Jun 2007 | 2007 3rd Singapore National Swimming Championships | SSABR/COE |
| | 6 Goh, Wan Ting | 2:08.89 | - | 21 Jun 2007 | 2007 3rd Singapore National Swimming Championships | SSABR/COE |
| | 7 Chan, U-Nice | 2:09.16 | - | 21 Jun 2007 | 2007 3rd Singapore National Swimming Championships | SAC |
| | 8 Ng, Lynette | 2:09.90 | - | 11 Mar 2007 | 2007 Manulife 38th Singapore National Age Group Swimming Championships | SAC/COE |
| | 9 Tan, Pei Shan | 2:10.87 | - | 21 Jun 2007 | 2007 3rd Singapore National Swimming Championships | PAYSC/COE |
| | 10 Soh, Sheena | 2:11.18 | - | 11 Mar 2007 | 2007 Manulife 38th Singapore National Age Group Swimming Championships | CSC/SSS |

400m FREESTYLE

| | | | | | | |
|---------------------------|---------------------|---------|--|-------------|-----|---------------------------------------|
| Singapore Open NatRec | Lim, Shu-En Lynette | 4:20.20 | | 25 May 2007 | | 35 days old |
| Singapore Under-17 NatRec | Lim, Shu-En Lynette | 4:20.20 | | 25 May 2007 | | 35 days old |
| Singapore Under-14 NatRec | Quah, Ting Wen | 4:24.73 | | 30 Nov 2005 | | 576 days old |
| 2005 SEAG GOLD | | 4:23.19 | | | THA | 2005 SEA Games - 1st Placing |
| 2005 SEAG SILVER | | 4:23.76 | | | MAS | 2005 SEA Games - 2nd Placing |
| 2007 SEAG - CAT A | | 4:24.73 | | | SIN | 2005 SEA Games - 3rd Placing |
| 2007 SEAG - CAT B | | 4:26.05 | | | | 2005 SEA Games - 3rd Placing add 0.5% |

| | | | | | | |
|--|------------------------------|----------------|----------|-------------|--|---|
|  | 1 Lim, Shu-En Lynette | 4:20.20 | A | 25 May 2007 | 2007 Speedo Grand Challenge | -overseas- New Singapore Open & Under-17 National Record! |
|  | 2 Quah, Ting Wen | 4:23.02 | A | 19 Jun 2007 | 2007 3rd Singapore National Swimming Championships | SSABR/COE |
| | 3 Fung, Shu Fen Christel | 4:29.90 | - | 1 Jun 2007 | 2007 31st South-East Asian Age Group Swimming Championships Singapore | SSABR/COE |
| | 4 Goh, Wan Ting | 4:29.98 | - | 1 Jun 2007 | 2007 31st South-East Asian Age Group Swimming Championships Singapore | SSABR/COE |
| | 5 Lim, Xiang Qi Amanda | 4:30.56 | - | 10 Mar 2007 | 2007 Manulife 38th Singapore National Age Group Swimming Championships | SAC/SSS |
| | 6 Chan, U-Nice | 4:36.62 | - | 19 Jun 2007 | 2007 3rd Singapore National Swimming Championships | SAC |
| | 7 Tan, Pei Shan | 4:36.75 | - | 1 Jun 2007 | 2007 31st South-East Asian Age Group Swimming Championships Singapore | PAYSC/COE |
| | 8 Soh, Sheena | 4:38.65 | - | 10 Mar 2007 | 2007 Manulife 38th Singapore National Age Group Swimming Championships | CSC/SSS |
| | 9 Koh, Hui Yu | 4:39.31 | - | 19 Jun 2007 | 2007 3rd Singapore National Swimming Championships | CSC |
| | 10 Koh, Wyn Jia Christelle | 4:42.22 | - | 10 Mar 2007 | 2007 Manulife 38th Singapore National Age Group Swimming Championships | CSC |

800m FREESTYLE

| | | | | | | |
|---------------------------|---------------------|---------|--|-------------|-----|---------------------------------------|
| Singapore Open NatRec | Lim, Shu-En Lynette | 8:55.43 | | 14 Jun 2007 | | 15 days old |
| Singapore Under-17 NatRec | Lim, Shu-En Lynette | 8:55.43 | | 14 Jun 2007 | | 15 days old |
| Singapore Under-14 NatRec | Quah, Ting Wen | 9:02.20 | | 1 Dec 2005 | | 575 days old |
| 2005 SEAG GOLD | | 8:59.13 | | | INA | 2005 SEA Games - 1st Placing |
| 2005 SEAG SILVER | | 9:02.20 | | | SIN | 2005 SEA Games - 2nd Placing |
| 2007 SEAG - CAT A | | 9:03.34 | | | THA | 2005 SEA Games - 3rd Placing |
| 2007 SEAG - CAT B | | 9:06.06 | | | | 2005 SEA Games - 3rd Placing add 0.5% |

| | | | | | | |
|--|------------------------------|----------------|----------|-------------|--|---|
|  | 1 Lim, Shu-En Lynette | 8:55.43 | A | 14 Jun 2007 | 2007 TYR Swim Meet of Champions | -overseas- New Singapore Open & Under-17 National Record! |
|  | 2 Quah, Ting Wen | 9:00.17 | A | 30 Mar 2007 | 2007 12th FINA World Swimming Championships | SSABR/COE |
| | 3 Goh, Wan Ting | 9:15.55 | - | 20 Jun 2007 | 2007 3rd Singapore National Swimming Championships | SSABR/COE |
| | 4 Lim, Xiang Qi Amanda | 9:16.01 | - | 8 Mar 2007 | 2007 Manulife 38th Singapore National Age Group Swimming Championships | SAC/COE |
| | 5 Koh, Wyn Jia Christelle | 9:21.89 | - | 8 Mar 2007 | 2007 Manulife 38th Singapore National Age Group Swimming Championships | CSC |
| | 6 Tan, Pei Shan | 9:25.36 | - | 8 Mar 2007 | 2007 Manulife 38th Singapore National Age Group Swimming Championships | PAYSC/COE |
| | 7 Fung, Shu Fen Christel | 9:26.02 | - | 8 Mar 2007 | 2007 Manulife 38th Singapore National Age Group Swimming Championships | SSABR/COE |
| | 8 Koh, Hui Yu | 9:37.63 | - | 3 Jun 2007 | 2007 31st South-East Asian Age Group Swimming Championships Singapore | CSC |
| | 9 Ng, Eve | 9:41.05 | - | 8 Mar 2007 | 2007 Manulife 38th Singapore National Age Group Swimming Championships | SAC/COE |
| | 10 Tan, Shi Hui Cheryl | 9:59.36 | - | 3 Jun 2007 | 2007 31st South-East Asian Age Group Swimming Championships Singapore | CSC |

Updated: 29 Jun 2007

| SWIMMER | PERFORMANCE | CAT | DATE | COMPETITION | AFFILIATE | REMARKS |
|---------------------------|-------------------|---------|-------------|-------------|--------------|---------------------------------------|
| Singapore Open NatRec | Tao, Li | 1:03.17 | 20 Jun 2007 | | 9 days old | |
| Singapore Under-17 NatRec | Tao, Li | 1:03.71 | 22 Jun 2006 | | 372 days old | |
| Singapore Under-14 NatRec | Lim, Jia Yi Shana | 1:06.92 | 10 Mar 2007 | | 111 days old | |
| 2005 SEAG GOLD | | 1:03.83 | | | SIN | 2005 SEA Games - 1st Placing |
| 2005 SEAG SILVER | | 1:05.27 | | | MAS | 2005 SEA Games - 2nd Placing |
| 2007 SEAG - CAT A | | 1:05.28 | | | THA | 2005 SEA Games - 3rd Placing |
| 2007 SEAG - CAT B | | 1:05.93 | | | | 2005 SEA Games - 3rd Placing add 1.0% |

| | | | | | | | |
|----------|--------------------------|----------------|----------|--------------------|--|------------------|--|
| 1 | Tao, Li | 1:03.17 | A | 20 Jun 2007 | 2007 3rd Singapore National Swimming Championships | APSC/SSS | New Singapore Open National Record! |
| 2 | Quah, Ting Wen | 1:05.69 | B | 1 Jun 2007 | 2007 31st South-East Asian Age Group Swimming Championships Singapore | SSABR/COE | |
| 3 | Lim, Jia Yi Shana | 1:05.76 | B | 1 Jun 2007 | 2007 31st South-East Asian Age Group Swimming Championships Singapore | ACE | |
| 4 | Ng, Lynette | 1:05.84 | B | 26 Mar 2007 | 2007 12th FINA World Swimming Championships | SAC/COE | |
| 5 | Ong, Lee Ching Edith | 1:07.92 | - | 1 Jun 2007 | 2007 31st South-East Asian Age Group Swimming Championships Singapore | ACE | |
| 6 | Ng, Eve | 1:08.55 | - | 10 Mar 2007 | 2007 Manulife 38th Singapore National Age Group Swimming Championships | SAC/COE | |
| 7 | Winata, Shu Jian Adeline | 1:10.52 | - | 6 Apr 2007 | 2007 ASEAN Cup | SSC | |
| 8 | Gan, Su Li Katrina | 1:10.66 | - | 10 Mar 2007 | 2007 Manulife 38th Singapore National Age Group Swimming Championships | SSC | |
| 9 | Ong, Chui Bin Mylene | 1:11.11 | - | 6 Apr 2007 | 2007 ASEAN Cup | CSC/SSS | |
| 10 | Chua, Deborah | 1:11.70 | - | 20 Jun 2007 | 2007 3rd Singapore National Swimming Championships | CSC | |

| SWIMMER | PERFORMANCE | CAT | DATE | COMPETITION | AFFILIATE | REMARKS |
|---------------------------|----------------|---------|-------------|-------------|--------------|---------------------------------------|
| Singapore Open NatRec | Tao, Li | 2:17.55 | 29 Nov 2005 | | 577 days old | |
| Singapore Under-17 NatRec | Tao, Li | 2:17.55 | 29 Nov 2005 | | 577 days old | |
| Singapore Under-14 NatRec | Quah, Ting Wen | 2:22.34 | 23 Jun 2006 | | 371 days old | |
| 2005 SEAG GOLD | | 2:17.55 | | | SIN | 2005 SEA Games - 1st Placing |
| 2005 SEAG SILVER | | 2:18.66 | | | THA | 2005 SEA Games - 2nd Placing |
| 2007 SEAG - CAT A | | 2:23.17 | | | INA | 2005 SEA Games - 3rd Placing |
| 2007 SEAG - CAT B | | 2:24.60 | | | | 2005 SEA Games - 3rd Placing add 1.0% |

| | | | | | | | |
|----------|--------------------------|----------------|----------|--------------------|---|------------------|--|
| 1 | Lim, Jia Yi Shana | 2:23.05 | A | 18 Jun 2007 | 2007 3rd Singapore National Swimming Championships | ACE | |
| 2 | Goh, Wan Ting | 2:24.29 | B | 11 Mar 2007 | 2007 Manulife 38th Singapore National Age Group Swimming Championships | SSABR/COE | |
| 3 | Ng, Eve | 2:24.43 | B | 2 Jun 2007 | 2007 31st South-East Asian Age Group Swimming Championships Singapore | SAC/COE | |
| 4 | Tao, Li | 2:26.14 | - | 18 Jun 2007 | 2007 3rd Singapore National Swimming Championships | APSC/SSS | |
| 5 | Koh, Wyn Jia Christelle | 2:29.01 | - | 11 Mar 2007 | 2007 Manulife 38th Singapore National Age Group Swimming Championships | CSC | |
| 6 | Ong, Lee Ching Edith | 2:29.45 | - | 11 Mar 2007 | 2007 Manulife 38th Singapore National Age Group Swimming Championships | SAC | |
| 7 | Chua, Deborah | 2:31.09 | - | 18 Jun 2007 | 2007 3rd Singapore National Swimming Championships | CSC | |
| 8 | Winata, Shu Jian Adeline | 2:31.13 | - | 2 Jun 2007 | 2007 31st South-East Asian Age Group Swimming Championships Singapore | SSC | |
| 9 | Boon, Vanessa | 2:33.48 | - | 11 Mar 2007 | 2007 Manulife 38th Singapore National Age Group Swimming Championships | CSC/SSS | |
| 10 | Shoh, Sheena | 2:33.80 | - | 11 Mar 2007 | 2007 Manulife 38th Singapore National Age Group Swimming Championships | CSC/SSS | |

| SWIMMER | PERFORMANCE | CAT | DATE | COMPETITION | AFFILIATE | REMARKS |
|---------------------------|------------------------|---------|-------------|-------------|----------------|---------------------------------------|
| Singapore Open NatRec | Teo, Wei-Min Nicolette | 1:11.22 | 27 Jul 2003 | | 1,433 days old | |
| Singapore Under-17 NatRec | Yeo, Wei Ling Josselin | 1:11.37 | 13 Dec 1995 | | 4,216 days old | |
| Singapore Under-14 NatRec | Yeo, Wei Ling Josselin | 1:14.07 | 6 Sep 1991 | | 5,775 days old | |
| 2005 SEAG GOLD | | 1:11.74 | | | SIN | 2005 SEA Games - 1st Placing |
| 2005 SEAG SILVER | | 1:11.80 | | | SIN | 2005 SEA Games - 2nd Placing |
| 2007 SEAG - CAT A | | 1:12.73 | | | PHI | 2005 SEA Games - 3rd Placing |
| 2007 SEAG - CAT B | | 1:13.46 | | | | 2005 SEA Games - 3rd Placing add 1.0% |

| | | | | | | | |
|----------|-------------------------------|----------------|----------|--------------------|--|-------------------|--|
| 1 | Teo, Wei-Min Nicolette | 1:11.96 | A | 18 May 2007 | 2007 Eric Namesnik Grand Prix | -overseas- | |
| 2 | Ho, Ru En Roanne | 1:16.30 | - | 11 Mar 2007 | 2007 Manulife 38th Singapore National Age Group Swimming Championships | ACE | |
| 3 | Lim, Xin Jing Cheryl | 1:16.85 | - | 11 Mar 2007 | 2007 Manulife 38th Singapore National Age Group Swimming Championships | CSC | |
| 4 | See, Jia Ching | 1:17.76 | - | 6 Apr 2007 | 2007 ASEAN Cup | SSABR | |
| 5 | Koh, Ting Ting | 1:17.95 | - | 11 Mar 2007 | 2007 Manulife 38th Singapore National Age Group Swimming Championships | CSC/SSS | |
| 6 | Liang, Chun Hui Khoonnie | 1:17.99 | - | 19 Jun 2007 | 2007 3rd Singapore National Swimming Championships | PAYSC | |
| 7 | Lee, Dan Dan | 1:18.52 | - | 11 Mar 2007 | 2007 Manulife 38th Singapore National Age Group Swimming Championships | ACE/SSS | |
| 8 | See, Christabel | 1:18.58 | - | 2 Jun 2007 | 2007 31st South-East Asian Age Group Swimming Championships Singapore | SSABR | |
| 9 | Choy, Grace | 1:19.20 | - | 11 Mar 2007 | 2007 Manulife 38th Singapore National Age Group Swimming Championships | PAYSC | |
| 10 | Heng, Sze Hui Sabrina | 1:19.28 | - | 11 Mar 2007 | 2007 Manulife 38th Singapore National Age Group Swimming Championships | APSC/SSS | |

| SWIMMER | PERFORMANCE | CAT | DATE | COMPETITION | AFFILIATE | REMARKS |
|---------------------------|------------------------|---------|-------------|-------------|----------------|---------------------------------------|
| Singapore Open NatRec | Teo, Wei-Min Nicolette | 2:33.78 | 2 May 2004 | | 1,153 days old | |
| Singapore Under-17 NatRec | Teo, Wei-Min Nicolette | 2:34.29 | 1 Aug 2002 | | 1,793 days old | |
| Singapore Under-14 NatRec | Teo, Wei-Min Nicolette | 2:36.27 | 11 Aug 1999 | | 2,879 days old | |
| 2005 SEAG GOLD | | 2:34.56 | | | SIN | 2005 SEA Games - 1st Placing |
| 2005 SEAG SILVER | | 2:35.58 | | | PHI | 2005 SEA Games - 2nd Placing |
| 2007 SEAG - CAT A | | 2:38.31 | | | THA | 2005 SEA Games - 3rd Placing |
| 2007 SEAG - CAT B | | 2:39.89 | | | | 2005 SEA Games - 3rd Placing add 1.0% |

| | | | | | | | |
|----------|-------------------------------|----------------|----------|--------------------|--|-------------------|--|
| 1 | Teo, Wei-Min Nicolette | 2:39.66 | B | 20 May 2007 | 2007 Eric Namesnik Grand Prix | -overseas- | |
| 2 | Lim, Xin Jing Cheryl | 2:42.52 | - | 29 Mar 2007 | 2007 12th FINA World Swimming Championships | CSC | |
| 3 | Tan, Pei Shan | 2:45.21 | - | 11 Mar 2007 | 2007 Manulife 38th Singapore National Age Group Swimming Championships | PAYSC/COE | |
| 4 | Tan, Rui Zhen Selena | 2:46.03 | - | 21 Jun 2007 | 2007 3rd Singapore National Swimming Championships | SSABR | |
| 5 | Liang, Chun Hui Khoonnie | 2:46.12 | - | 21 Jun 2007 | 2007 3rd Singapore National Swimming Championships | PAYSC | |
| 6 | Lai, Wei Shan Sarah | 2:47.97 | - | 11 Mar 2007 | 2007 Manulife 38th Singapore National Age Group Swimming Championships | CSC | |
| 7 | See, Jia Ching | 2:48.58 | - | 21 Jun 2007 | 2007 3rd Singapore National Swimming Championships | SSABR | |
| 8 | Heng, Sze Hui Sabrina | 2:49.14 | - | 11 Mar 2007 | 2007 Manulife 38th Singapore National Age Group Swimming Championships | APSC/SSS | |
| 9 | See, Christabel | 2:49.17 | - | 3 Jun 2007 | 2007 31st South-East Asian Age Group Swimming Championships Singapore | SSABR | |
| 10 | Ang, Li Yi Yvette | 2:50.11 | - | 11 Mar 2007 | 2007 Manulife 38th Singapore National Age Group Swimming Championships | SICC | |

| SWIMMER | PERFORMANCE | CAT | DATE | COMPETITION | AFFILIATE | REMARKS |
|---------------------------|---------------------------|---------|-------------|-------------|----------------|---------------------------------------|
| Singapore Open NatRec | Tao, Li | 0:59.96 | 2 Dec 2006 | | 208 days old | |
| Singapore Under-17 NatRec | Tao, Li | 0:58.96 | 2 Dec 2006 | | 209 days old | |
| Singapore Under-14 NatRec | Bouvron, Mei-Yen Christel | 1:02.83 | 25 Jun 1998 | | 3,291 days old | |
| 2005 SEAG GOLD | | 0:59.91 | | | SIN | 2005 SEA Games - 1st Placing |
| 2005 SEAG SILVER | | 1:00.87 | | | MYA | 2005 SEA Games - 2nd Placing |
| 2007 SEAG - CAT A | | 1:01.53 | | | SIN | 2005 SEA Games - 3rd Placing |
| 2007 SEAG - CAT B | | 1:02.15 | | | | 2005 SEA Games - 3rd Placing add 1.0% |

| | | | | | | | |
|----------|------------------------|----------------|----------|--------------------|--|-----------------|---|
| 1 | Tao, Li | 0:59.07 | A | 25 Mar 2007 | 2007 12th FINA World Swimming Championships | APSC/SSS | World Championships Placing: 9th |
| 2 | Ong, Chui Bin Mylene | 1:04.02 | - | 20 Jun 2007 | 2007 3rd Singapore National Swimming Championships | CSC/SSS | |
| 3 | Koh, Ting Ting | 1:04.39 | - | 20 Jun 2007 | 2007 3rd Singapore National Swimming Championships | CSC/SSS | |
| 4 | Lim, Shu-En Lynette | 1:05.58 | - | 27 May 2007 | 2007 Speedo Grand Challenge | -overseas- | |
| 5 | Fung, Shu Fen Christel | 1:06.40 | - | 20 Jun 2007 | 2007 3rd Singapore National Swimming Championships | SSABR/COE | |
| 6 | Gan, Su Li Katrina | 1:06.62 | - | 10 Mar 2007 | 2007 Manulife 38th Singapore National Age Group Swimming Championships | SSC | |
| 7 | Goh, Wen Li Rachel | 1:06.89 | - | 10 Mar 2007 | 2007 Manulife 38th Singapore National Age Group Swimming Championships | SSC | |
| 8 | Pang, Si Jia | 1:08.04 | - | 20 Jun 2007 | 2007 3rd Singapore National Swimming Championships | ACE/SSS | |
| 9 | Ang, Yan Qi Cheryl | 1:08.30 | - | 20 Jun 2007 | 2007 3rd Singapore National Swimming Championships | SICC | |
| 10 | Yeo, Rachel | 1:08.61 | - | 10 Mar 2007 | 2007 Manulife 38th Singapore National Age Group Swimming Championships | SSC | |

| SWIMMER | PERFORMANCE | CAT | DATE | COMPETITION | AFFILIATE | REMARKS |
|---------------------------|----------------|---------|------------|-------------|--------------|---------------------------------------|
| Singapore Open NatRec | Tao, Li | 2:14.11 | 3 Dec 2005 | | 573 days old | |
| Singapore Under-17 NatRec | Tao, Li | 2:14.11 | 3 Dec 2005 | | 573 days old | |
| Singapore Under-14 NatRec | Quah, Ting Wen | 2:16.30 | 6 Aug 2006 | | 327 days old | |
| 2005 SEAG GOLD | | 2:14.11 | | | SIN | 2005 SEA Games - 1st Placing |
| 2005 SEAG SILVER | | 2:17.29 | | | THA | 2005 SEA Games - 2nd Placing |
| 2007 SEAG - CAT A | | 2:18.81 | | | SIN | 2005 SEA Games - 3rd Placing |
| 2007 SEAG - CAT B | | 2:20.20 | | | | 2005 SEA Games - 3rd Placing add 1.0% |

| | | | | | | | |
|----------|------------------------|----------------|----------|--------------------|--|------------------|--|
| 1 | Tao, Li | 2:17.52 | A | 22 Jun 2007 | 2007 3rd Singapore National Swimming Championships | APSC/SSS | |
| 2 | Quah, Ting Wen | 2:19.27 | B | 28 Mar 2007 | 2007 12th FINA World Swimming Championships | SSABR/COE | |
| 3 | Lim, Shu-En Lynette | 2:21.43 | - | 15 Jun 2007 | 2007 TYR Swim Meet of Champions | -overseas- | |
| 4 | Koh, Ting Ting | 2:23.64 | - | 11 Mar 2007 | 2007 Manulife 38th Singapore National Age Group Swimming Championships | CSC/SSS | |
| 5 | Fung, Shu Fen Christel | 2:23.76 | - | 11 Mar 2007 | 2007 Manulife 38th Singapore National Age Group Swimming Championships | SSABR/COE | |
| 6 | Goh, Wan Ting | 2:26.00 | - | 11 Mar 2007 | 2007 Manulife 38th Singapore National Age Group Swimming Championships | SSABR/COE | |
| 7 | Chan, U-Nice | 2:28.20 | - | 22 Jun 2007 | 2007 3rd Singapore National Swimming Championships | SAC | |
| 8 | Pang, Si Jia | 2:31.72 | - | 3 Jun 2007 | 2007 31st South-East Asian Age Group Swimming Championships Singapore | ACE/SSS | |
| 9 | Lee, Dan Dan | 2:31.92 | - | 11 Mar 2007 | 2007 Manulife 38th Singapore National Age Group Swimming Championships | ACE/SSS | |
| 10 | Goh, Wen Li Rachel | 2:33.52 | - | 11 Mar 2007 | 2007 Manulife 38th Singapore National Age Group Swimming Championships | SSC | |

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| SWIMMER | PERFORMANCE | CAT | DATE | COMPETITION | AFFILIATE | REMARKS |
|-------------------------------|------------------------|----------------|-------------|-------------|---------------------------------------|---------|
| 200m INDIVIDUAL MEDLEY | | | | | | |
| Singapore Open NatRec | Yeo, Wei Ling Joscelyn | 2:16.86 | 12 May 2004 | | 1,143 days old | |
| Singapore Under-17 NatRec | Yeo, Wei Ling Joscelyn | 2:17.48 | 13 Jun 1993 | | 5,129 days old | |
| Singapore Under-14 NatRec | Yeo, Wei Ling Joscelyn | 2:23.42 | 1 Mar 1993 | | 5,233 days old | |
| 2005 SEAG GOLD | | 2:19.23 | | SIN | 2005 SEA Games - 1st Placing | |
| 2005 SEAG SILVER | | 2:22.86 | | SIN | 2005 SEA Games - 2nd Placing | |
| 2007 SEAG - CAT A | | 2:24.28 | | THA | 2005 SEA Games - 3rd Placing | |
| 2007 SEAG - CAT B | | 2:25.72 | | | 2005 SEA Games - 3rd Placing add 1.0% | |

| | | | | | | |
|--|---------------------------------|----------------|----------|-------------|--|------------|
|  | 1 Tao, Li | 2:19.19 | A | 10 Mar 2007 | 2007 Manulife 38th Singapore National Age Group Swimming Championships | APSC/SSS |
|  | 2 Quah, Ting Wen | 2:22.38 | A | 25 Mar 2007 | 2007 12th FINA World Swimming Championships | SSABR/COE |
|  | 3 Teo, Wei-Min Nicolette | 2:25.11 | B | 17 May 2007 | 2007 Eric Nemesnik Grand Prix | -overseas- |
| | 4 Goh, Wan Ting | 2:26.89 | - | 18 Jun 2007 | 2007 3rd Singapore National Swimming Championships | SSABR/COE |
| | 5 Lim, Shu-En Lynette | 2:27.31 | - | 27 May 2007 | 2007 Speedo Grand Challenge | -overseas- |
| | 6 Tan, Pei Shan | 2:29.23 | - | 10 Mar 2007 | 2007 Manulife 38th Singapore National Age Group Swimming Championships | PAYSC/COE |
| | 7 Winata, Shu Jian Adeline | 2:29.43 | - | 1 Jun 2007 | 2007 31st South-East Asian Age Group Swimming Championships Singapore | SSC |
| | 8 Lim, Xiang Qi Amanda | 2:31.76 | - | 10 Mar 2007 | 2007 Manulife 38th Singapore National Age Group Swimming Championships | SAC/SSS |
| | 9 Chua, Wan Yi Cassandra | 2:31.79 | - | 18 Jun 2007 | 2007 3rd Singapore National Swimming Championships | CSC |
| | 10 Lim, Xin Jing Cheryl | 2:32.43 | - | 25 Mar 2007 | 2007 12th FINA World Swimming Championships | CSC |


400m INDIVIDUAL MEDLEY

| | | | | | | |
|---------------------------|------------------------|----------------|-------------|-----|---------------------------------------|--|
| Singapore Open NatRec | Yeo, Wei Ling Joscelyn | 4:51.87 | 13 Aug 1999 | | 2,877 days old | |
| Singapore Under-17 NatRec | Quah, Ting Wen | 4:58.06 | 9 Mar 2007 | | 112 days old | |
| Singapore Under-14 NatRec | Quah, Ting Wen | 5:01.40 | 26 Feb 2005 | | 853 days old | |
| 2005 SEAG GOLD | | 4:57.92 | | THA | 2005 SEA Games - 1st Placing | |
| 2005 SEAG SILVER | | 5:00.27 | | SIN | 2005 SEA Games - 2nd Placing | |
| 2007 SEAG - CAT A | | 5:01.67 | | SIN | 2005 SEA Games - 3rd Placing | |
| 2007 SEAG - CAT B | | 5:03.08 | | | 2005 SEA Games - 3rd Placing add 0.5% | |

| | | | | | | |
|--|----------------------------|----------------|----------|-------------|--|------------|
|  | 1 Quah, Ting Wen | 4:58.06 | A | 9 Mar 2007 | 2007 Manulife 38th Singapore National Age Group Swimming Championships | SSABR/COE |
| | 2 Goh, Wan Ting | 5:08.92 | - | 22 Jun 2007 | 2007 3rd Singapore National Swimming Championships | SSABR/COE |
| | 3 Lim, Shu-En Lynette | 5:11.08 | - | 17 Jun 2007 | 2007 TYR Swim Meet of Champions | -overseas- |
| | 4 Tan, Pei Shan | 5:12.94 | - | 22 Jun 2007 | 2007 3rd Singapore National Swimming Championships | SSABR/COE |
| | 5 Koh, Ting Ting | 5:16.74 | - | 6 Apr 2007 | 2007 ASEAN Cup | CSC/SSS |
| | 6 Winata, Shu Jian Adeline | 5:22.30 | - | 2 Jun 2007 | 2007 31st South-East Asian Age Group Swimming Championships Singapore | SSC |
| | 7 Koh, Wyn Jia Chrisselle | 5:23.86 | - | 6 Apr 2007 | 2007 ASEAN Cup | CSC |
| | 8 Wong, Wan Qi Clara | 5:27.12 | - | 22 Jun 2007 | 2007 3rd Singapore National Swimming Championships | CSC |
| | 9 Chua, Deborah | 5:28.25 | - | 22 Jun 2007 | 2007 3rd Singapore National Swimming Championships | CSC |
| | 10 Koh, Hui Yu | 5:30.86 | - | 9 Mar 2007 | 2007 Manulife 38th Singapore National Age Group Swimming Championships | CSC |

4x100m FREESTYLE RELAY

| | | | | | | |
|------------------------------|--|----------------|-------------|-----|------------------------------|--|
| Singapore Open NatRec | Nj, Hiang Yuet Lynette Yeo, Wei Ling Joscelyn Ho, Shu Yong Ong, Chui Bin Mylene | 3:54.15 | 20 Mar 2006 | | 466 days old | |
| Singapore Under-17 NatRec | Ho, Ru'yu Ruth Ong, Chui Bin Mylene Pang, Si Jia Ho, Shu Yong | 3:57.68 | 8 Apr 2005 | | 812 days old | |
| Singapore Under-14 NatRec | Ho, Ru'yu Ruth Chua, Wan Yi Cassandra Pang, Si Jia Ong, Chui Bin Mylene | 4:10.84 | 23 Feb 2004 | | 1,222 days old | |
| 2005 SEAG GOLD | | 3:52.70 | | THA | 2005 SEA Games - 1st Placing | |
| 2005 SEAG SILVER | | 3:55.53 | | SIN | 2005 SEA Games - 2nd Placing | |
| 2007 SEAG - QUAL TEAM | | 4:00.22 | | PHI | 2005 SEA Games - 3rd Placing | |

| | | | | | | |
|--|------------------------|----------------|----------|--|-----------|--|
|  | SINGAPORE | 3:53.97 | A | Combined best swims in Qualifying Window | | |
|  | 1 Quah, Ting Wen | 0:58.32 | A | | SSABR/COE | |
|  | 2 Tao, Li | 0:58.44 | A | | APSC/SSS | |
|  | 3 Ong, Chui Bin Mylene | 0:58.47 | A | | CSC/SSS | |
|  | 4 Ho, Ru'yu Ruth | 0:58.74 | A | | ACE | |



4x200m FREESTYLE RELAY

| | | | | | | |
|------------------------------|---|----------------|-------------|-----|------------------------------|--|
| Singapore Open NatRec | Quah, Ting Wen Ong, Chui Bin Mylene Lim, Shu-En Lynette Ng, Hiang Yuet Lynette | 8:31.65 | 29 Mar 2007 | | 92 days old | |
| Singapore Under-17 NatRec | Ong, Chui Bin Mylene Quah, Ting Wen Goh, Wan Ting Ho, Shu Yong | 8:45.44 | 5 Mar 2006 | | 481 days old | |
| Singapore Under-14 NatRec | | | | | | |
| 2005 SEAG GOLD | | 8:24.93 | | THA | 2005 SEA Games - 1st Placing | |
| 2005 SEAG SILVER | | 8:34.75 | | SIN | 2005 SEA Games - 2nd Placing | |
| 2007 SEAG - QUAL TEAM | | 8:38.38 | | PHI | 2005 SEA Games - 3rd Placing | |

| | | | | | | |
|--|------------------------|----------------|----------|--|------------|--|
|  | SINGAPORE | 8:24.09 | A | Combined best swims in Qualifying Window | | |
|  | 1 Quah, Ting Wen | 2:05.31 | A | | SSABR/COE | |
|  | 2 Ong, Chui Bin Mylene | 2:05.41 | A | | CSC/SSS | |
|  | 3 Lim, Shu-En Lynette | 2:05.64 | A | | -overseas- | |
|  | 4 Lim, Xiang Qi Amanda | 2:07.73 | A | | SAC | |

4x100m MEDLEY RELAY

| | | | | | | |
|------------------------------|---|----------------|-------------|-----|------------------------------|--|
| Singapore Open NatRec | Tao, Li Teo, Wei Min Nicolette Yeo, Wei Ling Joscelyn Ho, Shu Yong | 4:14.49 | 2 Dec 2005 | | 574 days old | |
| Singapore Under-17 NatRec | Tao, Li Ho, Ru'En Roanne Koh, Ting Ting Ong, Chui Bin Mylene | 4:24.78 | 2 Sep 2006 | | 300 days old | |
| Singapore Under-14 NatRec | Lim, Jia Yi Shana Ho, Ru'En Roanne Quah, Ting Wen Lim, Amanda | 4:31.74 | 10 Mar 2006 | | 476 days old | |
| 2005 SEAG GOLD | | 4:14.49 | | SIN | 2005 SEA Games - 1st Placing | |
| 2005 SEAG SILVER | | 4:20.34 | | PHI | 2005 SEA Games - 2nd Placing | |
| 2007 SEAG - QUAL TEAM | | 4:21.39 | | THA | 2005 SEA Games - 3rd Placing | |

| | | | | | | |
|--|---------------------------|----------------|----------|--|------------|--|
|  | SINGAPORE | 4:15.11 | A | Combined best swims in Qualifying Window | | |
|  | BK Lim, Jia Yi Shana | 1:05.76 | A | | ACE | |
|  | BR Teo, Wei-Min Nicolette | 1:11.96 | A | | -overseas- | |
|  | FL Tao, Li | 0:59.07 | A | | APSC/SSS | |
|  | FR Quah, Ting Wen | 0:58.32 | A | | SSABR/COE | |

This list serves as an indicative tabulation of the performances returned during the stipulated Target Meet Qualifying Window. The Singapore Swimming Association shall have the sole and unfettered discretion on the final recommended list of candidates to the Singapore National Olympic Council for eventual selection.

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MEDLEY RELAY (COMPOSITE TIMES) ANALYSIS

4x100m Medley Relay (Men)

| RESULTS | Stroke | Name | Time | Agency | Split | Name | Time | Agency | Split | Name | Time | Agency |
|---------|--------------|----------------------|---------|---------|---------|-----------------------|---------|---------|---------|-----------------------|---------|---------|
| | Backstroke | Ong, Wei Shien Zach | 0:59.65 | APSC | 0:00.51 | Ng, Rainer | 1:00.16 | SAC/COE | 0:00.01 | Lim, Zhi Cong | 1:00.17 | ACE |
| | Breaststroke | Tan, Jin Leonard | 1:05.88 | CSC/COE | 0:00.32 | Tan, Jin Wen Mark | 1:06.20 | CSC | 0:01.03 | Ng, Kee Guan Benjamin | 1:07.23 | ACE |
| | Butterfly | Su, Shi Rong Jeffrey | 0:56.44 | SAC | 0:00.20 | Tan, Xue-Wei Nicholas | 0:56.64 | SAC/COE | 0:00.01 | Tay, Zhi Rong Bryan | 0:56.65 | APSC |
| | Freestyle | Tay, Zhi Rong Bryan | 0:51.39 | APSC | 0:00.83 | Ong, Kaiyi Russell | 0:52.22 | ACE | 0:00.28 | Tan, Xue-Wei Nicholas | 0:52.50 | SAC/COE |

| | | | |
|--------------|----------------------|----------------|----------|
| Backstroke | Ong, Wei Shien Zach | 0:59.65 | APSC |
| Breaststroke | Tan, Jin Leonard | 1:05.88 | CSC/COE |
| Butterfly | Su, Shi Rong Jeffrey | 0:56.44 | SAC |
| Freestyle | Tay, Zhi Rong Bryan | 0:51.39 | APSC |
| | | 3:53.36 | 1 |

4x100m Medley Relay (Women)

| RESULTS | Stroke | Name | Time | Agency | Split | Name | Time | Agency | Split | Name | Time | Agency |
|---------|--------------|------------------------|---------|------------|---------|----------------------|---------|-----------|---------|----------------------|---------|---------|
| | Backstroke | Tao, Li | 1:03.17 | APSC/SSS | 0:02.52 | Quah, Ting Wen | 1:05.69 | SSABR/COE | 0:00.07 | Lim, Jia Yi Shana | 1:05.76 | ACE |
| | Breaststroke | Teo, Wei-Min Nicolette | 1:11.96 | -overseas- | 0:04.34 | Ho, Ru'En Roanne | 1:16.30 | ACE | 0:00.55 | Lim, Xin Jing Cheryl | 1:16.85 | CSC |
| | Butterfly | Tao, Li | 0:59.07 | APSC/SSS | 0:04.95 | Ong, Chui Bin Mylene | 1:04.02 | CSC/SSS | 0:00.37 | Koh, Ting Ting | 1:04.39 | CSC/SSS |
| | Freestyle | Quah, Ting Wen | 0:58.32 | SSABR/COE | 0:00.12 | Tao, Li | 0:58.44 | APSC/SSS | 0:00.03 | Ong, Chui Bin Mylene | 0:58.47 | CSC/SSS |

| | | | | | | | | | |
|--------------|------------------------|----------------|------------|------------------------|---------|----------------|------------------------|-------------------------|------------|
| Backstroke | Lim, Jia Yi Shana | 1:05.76 | ACE | Quah, Ting Wen | 1:05.69 | SSABR/COE | Tao, Li | 1:03.17 | APSC/SSS |
| Breaststroke | Teo, Wei-Min Nicolette | 1:11.96 | -overseas- | Teo, Wei-Min Nicolette | 1:11.96 | -overseas- | Teo, Wei-Min Nicolette | 1:11.96 | -overseas- |
| Butterfly | Tao, Li | 0:59.07 | APSC/SSS | Tao, Li | 0:59.07 | APSC/SSS | Ong, Chui Bin Mylene | 1:04.02 | CSC/SSS |
| Freestyle | Quah, Ting Wen | 0:58.32 | SSABR/COE | Ong, Chui Bin Mylene | 0:58.47 | CSC/SSS | Quah, Ting Wen | 0:58.32 | SSABR/COE |
| | | 4:15.11 | 1 | | | 4:15.19 | 2 | 4:17.47 3 | |